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Traditional Chinese Acupuncture and Dr Tan's Balance Method in Harrogate, North Yorkshire

Alison Fletcher www.alisonfletcheracupuncture.co.uk

A registered acupuncturist based in central Harrogate, I've been practising Traditional Chinese Acupuncture and Acupressure Massage for over 15 years after qualifying at the Northern College of Acupuncture in York. I am also trained in and practise Dr Tan's Balance Method which is a fabulous approach to treating back, neck, knee and all joint pain with immediate relief. Whilst a large percentage of my work is fertility-related (I am ZITA WEST affiliated), I do treat all conditions including:

- IBS and digestive disorders
- Menopausal symptoms
- Headaches
- Insomnia
- Depression and anxiety
- ME/Chronic Fatigue
- Skin Conditions
- Arthritis and a wide variety of musculoskeletal aches and pains including shoulders, back and knee
- Bell's Palsy, Dry Eyes, Tinnitus and Shingles
- Post stroke numbness/spasms

[CLICK HERE](#) to download factsheets from the British Acupuncture Council website on a variety of conditions which can respond to Acupuncture

As an affiliate of the **Zita West National Fertility Network** since its inception 7 years ago, I regularly train with Zita and her team of specialists in all aspects of male and female fertility, keeping up-to-date with the rapid developments in IVF and assisted conception. An increasing number of couples are seeking and benefiting from treatments to prepare for having children and I have several 'repeat customers' as the family grows! My clients receive a discount on her products including supplements and books, as well as reduced fees for appointments with her team of specialists.

Whenever my schedule permits I offer **free 30 minute consultations** for you to learn about Acupuncture and discuss with me how it might help. All other appointments last approximately 55 minutes and cost 48 pounds. Daytime, **early evening and Saturday appointments** are available.

If you are looking simply for an **effective and wonderfully relaxing massage**, don't hesitate to contact me for an hour's blissful yet healing treatment for either yourself or friends and family.