



**SWIMMING**

DAY	TIME	ACTIVITY	LOCATION	AGE / LEVEL	KEY
Monday	16.00-16.30	ASA Stage 1	Pool	Contact Reception	£
Monday	16.30-17.00	ASA Stage 2	Pool	Contact Reception	£
Monday	17.00-17.30	ASA Stage 2	Pool	Contact Reception	£
Monday	17.30-18.00	ASA Stage 4	Pool	Contact Reception	£
Monday	18.00-18.30	ASA Stage 5	Pool	Contact Reception	£
Monday	18.30-19.00	ASA Stage 6	Pool	Contact Reception	£
Tuesday	16.00-16.30	ASA Stage 1	Pool	Contact Reception	£
Tuesday	16.30-17.00	ASA Stage 3	Pool	Contact Reception	£
Tuesday	17.00-17.30	ASA Stage 4	Pool	Contact Reception	£
Tuesday	17.30-18.00	ASA Stage 4	Pool	Contact Reception	£
Tuesday	18.00-18.30	ASA Stage 7	Pool	Contact Reception	£
Tuesday	18.30-19.00	Swim Squads	Pool	Contact Reception	£
Wednesday	10.30-11.00	Parent and baby	Pool	Contact Reception	£
Wednesday	11.00-11.30	Parent and child	Pool	Contact Reception	£
Wednesday	11.30-12.00	Pre School Stage 1	Pool	Contact Reception	£
Wednesday	16.00-16.30	ASA Stage 1	Pool	Contact Reception	£
Wednesday	16.00-16.30	ASA Stage 4	Pool	Contact Reception	£
Wednesday	16.30-17.00	ASA Stage 2	Pool	Contact Reception	£
Wednesday	16.30-17.00	ASA Stage 5	Pool	Contact Reception	£
Wednesday	17.00-17.30	ASA Stage 2	Pool	Contact Reception	£
Wednesday	17.00-17.30	ASA Stage 5	Pool	Contact Reception	£
Wednesday	17.30-18.00	ASA Stage 3	Pool	Contact Reception	£
Wednesday	17.30-18.15	Rookie Lifeguard - ASA Stage 10	Pool	Contact Reception	£
Wednesday	18.15-19.00	Swim Club	Pool	Contact Reception	£
Thursday	10.30-11.00	Parent and baby	Pool	Contact Reception	£
Thursday	11.00-11.30	Parent and Child	Pool	Contact Reception	£
Thursday	11.30-12.00	Pre School Stage 1	Pool	Contact Reception	£
Thursday	16.00-16.30	ASA Stage 2	Pool	Contact Reception	£
Thursday	16.30-17.00	ASA Stage 3	Pool	Contact Reception	£
Thursday	17.00-17.30	ASA Stage 3	Pool	Contact Reception	£
Thursday	17.30-18.00	ASA Stage 4	Pool	Contact Reception	£
Thursday	18.00-18.30	ASA Stage 5	Pool	Contact Reception	£
Thursday	18.30-19.00	ASA Stage 5	Pool	Contact Reception	£
Thursday	19.00-19.45	Swim Club	Pool	Contact Reception	£
Friday	11.00-11.30	Parent and baby	Pool	Contact Reception	£
Friday	11.30-12.00	Parent and child	Pool	Contact Reception	£
Friday	16.00-16.30	ASA Stage 2	Pool	Contact Reception	£
Friday	16.30-17.00	ASA Stage 3	Pool	Contact Reception	£
Friday	17.00-17.30	ASA Stage 4	Pool	Contact Reception	£
Friday	17.30-18.00	ASA Stage 4	Pool	Contact Reception	£
Friday	18.00-18.30	ASA Stage 5	Pool	Contact Reception	£
Friday	18.30-19.00	ASA Stage 6	Pool	Contact Reception	£
Friday	19.00-19.45	Swim Squads	Pool	Contact Reception	£
Saturday	09.00-09.30	ASA Stage 1	Pool	Contact Reception	£
Saturday	09.00-09.30	ASA Stage 4	Pool	Contact Reception	£
Saturday	09.30-10.00	ASA Stage 2	Pool	Contact Reception	£
Saturday	09.30-10.00	ASA Stage 5	Pool	Contact Reception	£
Saturday	10.00-10.30	ASA Stage 2	Pool	Contact Reception	£
Saturday	10.00-10.30	ASA Stage 5	Pool	Contact Reception	£
Saturday	10.30-11.00	ASA Stage 3	Pool	Contact Reception	£
Saturday	10.30-11.00	ASA Stage 6	Pool	Contact Reception	£
Saturday	11.00-11.30	ASA Stage 3	Pool	Contact Reception	£

**ALLSTARS SWIM COACHING PROGRAMME**

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

**KEY**

£ Additional Fees for this class

P Classes require parental supervision at all times

\* Child activities that coincide with adult classes

Swim and Tennis All Stars programmes run during term time only.

Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.



