DAVID LLOYD LEISURE Woking - 01483 722 113

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 17:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Crt B, C	£
Monday	16:00 - 17:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Crt A	
Tuesday	17:00 - 18:00	All Star Tennis Orange Performance Team	8-9 Years	Crt A, B	
Tuesday	18:00 - 19:00	All Star Tennis Green Performance Team	10 Years	Crt C, D	£
Tuesday	18:00 - 19:00	All Star Tennis Yellow 2 (11-17yrs)	11-17 Years	Crt A, B	
Wednesday	16:00 - 17:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under		
Wednesday	16:00 - 17:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Crt B	
Wednesday	16:00 - 17:00	Tots (3-5yrs)	3-5 Years	Crt A	
Thursday	16:00 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Crt A	
Thursday	18:00 - 19:00	All Star Tennis Green Performance Team	10 Years	Crt C, D	£
Friday	14:00 - 15:00	Tots (3-5yrs)	3-5 Years	Crt A	
Friday	16:00 - 17:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Crt A	
Saturday	09:00 - 09:45	Tots (3-5yrs)	3-5 Years	Crt A	
Saturday	09:00 - 10:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under		£
Saturday	09:00 - 10:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Crt B	
Saturday	09:45 - 10:45	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Crt A	
Saturday	10:00 - 11:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Crt B, C, D	
Saturday	11:00 - 12:00	All Star Tennis Green 3 (10yrs)	10 Years	Crt A	
Saturday	12:00 - 13:30	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Crt A, B	
Sunday	18:00 - 19:30	All Star Tennis Yellow Development Squad 1	11-17 Years	Crt A, B, C	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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ALL STARS PROGRAMME JANUARY - MARCH 2012

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SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Wednesday	11:00 - 11:30	Parent & Child Swimming	All Levels	Pool	£

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 16:45	Mini Active	3-4 Years		
Monday	16:00 - 17:00	Multi Sports	5-7 Years		
Monday	16:00 - 17:00	Multi Sports	8-11 Years		
Monday	17:00 - 18:00	Get Active	8-11 Years		
Monday	17:00 - 18:00	Get Active	5-7 Years	DL Kids Zone	
Monday	17:30 - 18:25	Supervised Gym	All Levels	Gym	
Tuesday	09:30 - 11:30	Club Creche		Club Creche	£
Tuesday	16:00 - 16:45	Mini Active	3-4 Years		
Tuesday	16:00 - 16:55	DL Kids Football	8-11 Years		
Tuesday	16:00 - 16:55	DL Kids Football	5-7 Years	Sports H	
Tuesday	18:00 - 18:30	FIT Cycle	11+ years	Spin Area	
Wednesday	09:30 - 11:30	Club Creche		Club Creche	£
Wednesday	16:00 - 16:45	Imagine...(3-4yrs)	3-4 Years	Activity Rm 2	
Wednesday	16:00 - 17:30	DL Kids Club Night	All Levels	DL Kids Zone	
Wednesday	16:30 - 17:30	Family Welcome	All Levels	Club Rm	
Wednesday	16:45 - 17:30	DL Kids Karate	All Levels	Studio 1	
Thursday	09:30 - 11:30	Club Creche		Club Creche	£
Thursday	16:00 - 16:45	DL Kids Ballet	3-4 Years	Studio 2	
Thursday	16:00 - 17:00	Get Active	8-11 Years		
Thursday	16:00 - 17:00	Get Active	5-7 Years	DL Kids Zone	
Thursday	16:45 - 17:30	DL Kids Ballet	5-7 Years	Studio 2	
Thursday	17:00 - 17:55	FIT Circuits	11+ years		
Friday	09:30 - 11:30	Club Creche		Club Creche	£
Friday	16:00 - 18:00	DL Kids Movie Time	All Levels	DL Kids Zone	
Friday	18:00 - 18:55	Supervised Gym	All Levels	Gym	
Saturday	09:00 - 09:45	Mini Active	3-4 Years		
Saturday	09:00 - 10:00	Get Active	8-11 Years		
Saturday	09:00 - 10:00	Make & Create	5-7 Years	Activity Rm 1	
Saturday	10:00 - 10:45	Lets Create	3-4 Years	Activity Rm 1	
Saturday	10:00 - 11:00	Get Active	5-7 Years	Sports H	
Saturday	10:00 - 11:00	Multi Sports	8-11 Years		
Saturday	11:30 - 12:30	Family Welcome	All Levels	Club Rm	
Sunday	10:00 - 11:00	Get Active	8-11 Years		
Sunday	10:00 - 11:00	Get Active	5-7 Years	Sports H	
Sunday	11:00 - 12:00	Multi Sports	5-7 Years		
Sunday	11:00 - 12:00	Multi Sports	8-11 Years	Sports H	
Sunday	16:00 - 16:55	Supervised Gym	All Levels	Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

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