

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 16:45	Get Active	8-11 Years	Bad Crt 1 - Part D	
Monday	16:00 - 16:45	Get Active	5-7 Years	Sports H	
Monday	16:00 - 16:45	Mini Active	All Levels	Kids Zone	
Monday	16:45 - 17:30	Make & Create	8-11 Years	Kids Zone	
Monday	16:45 - 17:30	Make & Create	5-7 Years	Kids Zone 1	
Monday	17:05 - 17:50	FIT Circuits	11+ years	Studio 1	
Monday	17:50 - 18:50	Multi Sports	5-7 Years	Bad Crt 1-4, Sports H	
Tuesday	10:00 - 10:30	Mini Active	All Levels	Bad Crt 1	
Tuesday	10:30 - 11:00	Imagine	All Levels	Kids Zone	
Tuesday	16:00 - 16:30	Mini Active	All Levels	Kids Zone 1	
Tuesday	17:00 - 17:30	Make & Create	5-7 Years	Kids Zone	
Tuesday	17:00 - 17:30	Make & Create	8-11 Years	Kids Zone 1	
Tuesday	17:05 - 17:50	Supervised Gym	All Levels	Gym	
Tuesday	17:15 - 18:00	Multi Sports	8-11 Years	Sports H	
Wednesday	11:00 - 12:00	Let's Meet - Coffee Morning	All Levels		
Wednesday	11:00 - 12:00	Parent & Baby Coffee Morning	All Levels	Club Rm	
Wednesday	16:00 - 16:45	Get Active	8-11 Years	Bad Crt 4	
Wednesday	16:00 - 16:45	Get Active	5-7 Years	Sports H	
Wednesday	17:00 - 18:00	Club Room Play	All Levels	Club Rm	
Wednesday	17:05 - 17:50	FIT Street Dance	11+ years	Studio 2	
Thursday	16:00 - 16:45	Get Active	8-11 Years	Bad Crt 4	
Thursday	16:00 - 16:45	Get Active	5-7 Years	Sports H	
Thursday	17:00 - 17:45	DL Kids Street Dance	All Levels	Kids Zone	
Thursday	17:05 - 17:50	Supervised Gym	All Levels	Gym	
Thursday	17:30 - 19:30	DL Kids Club Night	All Levels	Kids Zone 1	
Friday	11:30 - 12:00	Lets Create	All Levels	Kids Zone 1	
Friday	16:00 - 16:30	Mini Active	All Levels	Kids Zone	
Friday	16:30 - 17:00	Imagine...(3-4yrs)	3-4 Years	Kids Zone	
Friday	17:30 - 19:00	DL Kids Movie Time	All Levels	Kids Zone	
Saturday	09:00 - 10:00	Multi Sports	5-7 Years	Sports H	
Saturday	09:55 - 10:55	Make & Create	All Levels	Kids Zone	
Saturday	10:00 - 10:45	Family Welcome	All Levels	Club Rm	
Saturday	11:00 - 11:30	Mini Dance	All Levels	Kids Zone 1	
Saturday	11:00 - 11:45	Supervised Gym	All Levels	Gym 1	
Saturday	11:00 - 12:00	Club Room Play	All Levels	Club Rm	
Saturday	14:00 - 16:00	Birthday Parties	All Levels	Kids Zone 1	
Saturday	16:00 - 18:00	Birthday Parties	All Levels	Kids Zone 1	
Sunday	09:00 - 09:45	Mini Active	All Levels	Kids Zone	
Sunday	09:45 - 10:30	Lets Create	All Levels	Kids Zone	
Sunday	09:45 - 10:30	Lets Create	3-4 Years	Kids Zone 1	
Sunday	09:50 - 10:50	Make & Create	All Levels	H5	
Sunday	09:50 - 10:50	Make & Create	8-11 Years	High 5 Rm	
Sunday	11:00 - 12:00	Get Active	8-11 Years	Bad Crt 4	
Sunday	11:00 - 12:00	Get Active	5-7 Years	Sports H	
Sunday	14:00 - 16:00	Birthday Parties	All Levels	Kids Zone 1	
Sunday	15:00 - 15:45	DL Kids Ju Jitsu	5-7 Years	Studio 1	

KEY

- £ Additional fee for this class
- * Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course

