

DAY	TIME	ACTIVITY	CATEGORY	LOCATION	AGE / LEVEL	KEY
Monday	10:00-10:30	Mini Active	Play	Sports Hall	(Under 3's) & (3-4's)	p
Monday	10:30-11:00	Imagine	Play	Club Room	(Under 3's) & (3-4's)	P
Monday	13:30-14:00	Let's Create	Play	Club Room	(Under 3's) & (3-4's)	p
Monday	14:00-14:30	Mini Dance	Play	Studio 1	(Under 3's) & (3-4's)	P
Monday	14:00-14:30	Tots Football	Coaching	Sports Hall	Beginner	p
Monday	16:15-18:00	Make and Create	Active	Studio 1	(5-7 & 8-11)	
Monday	18:00-18:45	Box Fit	Fitness		(12-13 & 14-15's)	
Tuesday	11:00-11:30	Mini Hero's	Play	Sports Hall	(Under 3's) & (3-4's)	P
Tuesday	11:30-12:00	Imagine	Play	Club room	(Under 3's) & (3-4's)	P
Tuesday	13:30-14:15	Mother and Baby	Fitness	Studio 1	Family	
Tuesday	16:10-16:30	Mini Active	Play	Sports Hall	(Under 3's) & (3-4's)	P
Tuesday	16:30-17:00	Football	Coaching	Sports Hall	Beginner	
Tuesday	16:30-18:00	Make and Create	Active	Studio 1	(5-7 & 8-11)	
Tuesday	17:00-17:30	Football	Coaching	Sports Hall	Improver	
Tuesday	17:00-17:45	DL Kids School Time	Misc	Club room		
Tuesday	17:00-18:00	Start Up 1	Fitness	Gym	(12-13 & 14-15's)	
Tuesday	18:00-18:45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Wednesday	16:15-18:00	Make and Create	Active	Studio 1	(5-7 & 8-11)	
Wednesday	16:30-17:00	Multi Sports	Active	Sports Hall	(5-7 & 8-11)	
Wednesday	17:00-17:45	Athletics	Coaching	Sports Hall	All	
Wednesday	17:00-18:00	Start Up 2	Fitness	Gym	(12-13 & 14-15's)	
Wednesday	18:00-18:45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Thursday	11:00-11:30	Parent and Baby Coffee Morning	Misc	Club Room		
Thursday	14:00-14:30	Mini Active	Play	Sports Hall	(Under 3's) & (3-4's)	P
Thursday	16:15-18:00	Make and Create	Active	Studio 1	(5-7 & 8-11)	
Thursday	16:45-17:15	Dance	Coaching	Studio 2	Beginner	
Thursday	17:15-18:00	Family Welcome	Misc	Sports Hall		
Thursday	17:15-18:00	Dance	Coaching	Studio 2	Improver	
Thursday	18:00-18:45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Friday	16:15-18:00	Make and Create	Active	Studio 1	(5-7 & 8-11)	
Friday	16:30-17:00	Multi Sports	Active	Sports hall	(5-7 & 8-11)	
Friday	17:00-18:00	Football	Coaching	Sports Hall	Improver	
Friday	17:00-18:00	DL Kids School Time	Misc	Club Room		
Friday	18:00-18:45	Cheerleading	Coaching	Sports hall	Improver	
Friday	18:00-18:45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Saturday	09:45-10:15	Football	Coaching	Sports Hall	Beginner	£
Saturday	10:00-12:00	Make and Create	Active	Club Room	(5-7 & 8-11)	
Saturday	10:15-11:00	Football	Coaching	Sports Hall	Improver	£
Saturday	10:15-11:00	Start Up 3	Fitness	Gym	(12-13 & 14-15's)	
Saturday	11:00-11:45	Football	Coaching	Sports Hall	Advanced	£
Saturday	11:00-11:45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Saturday	11:00-11:45	Family Welcome	Misc	Club Room		
Saturday	12:00-13:00	Family Splash	Water	Pool	All Age Groups	
Saturday	14:00-14:30	Ballet	Coaching	Studio 1	Beginner	

DL KIDS ACTIVITY CATEGORIES

- Club Coaching (Coaching)
- Club Crèche (Crèche)
- Club Play (Play)
- Club Active (Active)
- Club Fitness (Fitness)
- Club Water Activities (Water)
- Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

- £ Additional Fees for this class
- P Classes require parental supervision at all times
- * Child activities that coincide with adult classes
- Swim and Tennis All Stars programmes run during term time only.
- Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.

