





DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	13:00 - 14:30	Parent & Baby Coffee Morning	All Levels		
Monday	17:30 - 18:30	DL Kids Football	8-11 Years		
Monday	17:30 - 18:30	DL Kids Football	5-7 Years	Bad Crt 1	
Monday	17:30 - 18:30	Supervised Gym □Skills, Agility, Quickness	11-13 yrs		
Monday	17:30 - 18:31	DL Kids Cheerleading Beginners	Beginner	Creche	
Tuesday	10:00 - 10:45	Mini Dance	All Levels	Creche	
Tuesday	10:45 - 11:30	Mini Dance	All Levels	Creche	
Tuesday	17:30 - 18:00	FIT Cycle	11+ years	Spin Studio	
Tuesday	17:30 - 18:25	Imagine...(3-4yrs)	3-4 Years	Creche	
Tuesday	17:30 - 18:30	Supervised Gym □Skills, Agility, Quickness	11-13 yrs	Gym	
Tuesday	17:30 - 18:31	Multi Sports	5-7 Years		
Tuesday	17:30 - 18:31	Multi Sports	8-11 Years		
Tuesday	18:30 - 19:30	Make & Create	All Levels		
Tuesday	18:45 - 19:30	DL Kids Badminton Intermediates	Intermediate		
Wednesday	17:30 - 18:25	DL Kids Football	5-7 Years		
Wednesday	17:30 - 18:25	Performing Arts	All Levels		
Wednesday	17:30 - 18:30	DL Kids Football	8-11 Years		
Wednesday	17:30 - 18:30	DL Kids Football	5-7 Years	Bad Crt 1	
Wednesday	17:30 - 18:30	Supervised Gym □Skills, Agility, Quickness	11-13 yrs		
Wednesday	17:30 - 19:00	Start Up (14+yrs)	14 Years +	Gym	
Wednesday	18:30 - 20:00	DL Kids Street Dance	12-13 Years		
Thursday	10:00 - 11:30	Parent & Baby Coffee Morning	All Levels		
Thursday	17:30 - 18:00	DL Kids Hockey	5-7 Years		
Thursday	17:30 - 18:00	Tots Football Beginners	Beginner		
Thursday	17:30 - 18:15	DL Kids Hockey	8-11 Years		
Thursday	17:30 - 18:30	Supervised Gym □Skills, Agility, Quickness	11-13 yrs		
Thursday	18:00 - 18:30	Mini Active	3-4 Years		
Thursday	18:30 - 19:15	DL Kids Badminton	All Levels	Ind Crt 4	
Friday	09:00 - 10:01	Multi Sports	8-11 Years		
Friday	14:00 - 14:30	Mini Dance	All Levels	Creche	
Friday	16:30 - 17:15	Mini Dance	All Levels	Creche	
Friday	17:30 - 18:00	FIT Boot Camp	11+ years		
Friday	17:30 - 18:15	Mini Dance	All Levels	Creche	
Friday	17:30 - 18:25	Get Active	5-7 Years		
Friday	17:30 - 18:31	Mini Active	All Levels	Creche	
Friday	17:30 - 18:31	Multi Sports	8-11 Years	Bad Crt 2	
Friday	18:30 - 20:00	DL Kids Movie Time	All Levels	Creche	
Saturday	09:30 - 10:31	Family Cycle (14+yrs)	14 Years +	Spin Studio	
Saturday	09:30 - 11:30	Get Active	5-7 Years	Bad Crt 1	
Saturday	09:30 - 11:30	Get Active	8-11 Years	Bad Crt 1	
Saturday	09:35 - 10:20	Family Cycle (14+yrs)	14 Years +		
Saturday	10:30 - 11:30	Supervised Gym □Skills, Agility, Quickness	11-13 yrs		
Saturday	12:30 - 13:00	Family Welcome	All Levels		
Sunday	09:30 - 10:30	Mini Active	3-4 Years		
Sunday	09:30 - 10:31	Get Active	5-7 Years	Bad Crt 1	
Sunday	09:30 - 10:31	Mini Active	All Levels	Creche	

**KEY**

- £ Additional fee for this class
- \* Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course

