

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 10:30	Club Creche	All Levels		
Monday	10:30 - 11:25	Club Creche	All Levels		
Monday	17:00 - 17:55	DL Kids Football	5-7 Years		
Monday	17:00 - 17:55	DL Kids Football	8-11 Years		
Monday	17:15 - 18:00	DL Kids Cheerleading	5-7 Years	Creche	
Monday	17:15 - 18:00	Family Aerobics	All Levels	Studio 1	
Monday	17:15 - 18:00	Tots Cheerleading Beginners	Beginner		
Tuesday	10:30 - 11:15	Mini Dance	All Levels	Creche	
Tuesday	16:30 - 17:25	DL Kids Tag Rugby	8-11 Years		
Tuesday	16:30 - 17:31	Get Active	5-7 Years	Bad Crt 1, 2	
Tuesday	17:30 - 18:00	Family Welcome	All Levels		
Tuesday	17:30 - 18:00	Family Welcome	All Levels	Out Pool	
Wednesday	09:30 - 10:30	Club Creche	All Levels		
Wednesday	10:30 - 11:25	Club Creche	All Levels		
Wednesday	16:00 - 17:01	Family Gym	All Levels		
Wednesday	17:00 - 17:55	DL Kids Football	5-7 Years		
Wednesday	17:00 - 17:55	DL Kids Football	8-11 Years		
Wednesday	17:00 - 17:55	Performing Arts	All Levels		
Wednesday	17:15 - 18:00	Family Aerobics	8-11 Years		
Wednesday	17:30 - 19:00	Start Up (14+yrs)	14 Years +	Gym	
Wednesday	17:45 - 18:15	Family Welcome	All Levels		
Thursday	09:30 - 10:15	Family Aerobics	All Levels	Mind & Body Studio	
Thursday	10:00 - 11:30	Parent & Baby Coffee Morning	All Levels	Creche	
Thursday	16:00 - 17:01	Family Gym	All Levels		
Thursday	16:30 - 17:00	Tots Football	3-4 Years	Bad Crt 1	
Thursday	17:00 - 17:45	DL Kids Street Dance	All Levels		
Thursday	17:00 - 18:00	DL Kids Hockey	All Levels		
Thursday	17:15 - 18:00	Family Aerobics	8-11 Years		
Friday	09:30 - 10:30	Club Creche	All Levels		
Friday	10:30 - 11:25	Club Creche	All Levels		
Friday	16:30 - 17:30	Mini Active	3-4 Years		
Friday	16:30 - 17:31	Family Cycle (14+yrs)	14 Years +		
Friday	16:30 - 17:31	Get Active	5-7 Years		
Friday	16:30 - 17:31	Multi Sports	8-11 Years	Bad Crt 2	
Friday	17:32 - 19:02	DL Kids Movie Time	All Levels	Creche	
Saturday	09:00 - 10:01	Start Up Circuits	All Levels		
Saturday	09:30 - 10:30	Club Creche	All Levels		
Saturday	09:30 - 10:31	Family Cycle (14+yrs)	14 Years +	Spin Studio	
Saturday	09:30 - 11:30	Get Active	5-7 Years	Bad Crt 1	
Saturday	09:30 - 11:30	Get Active	8-11 Years	Bad Crt 2	
Saturday	10:30 - 11:25	Club Creche	All Levels		
Saturday	10:35 - 11:30	Multi Sports	12-13 Years		
Sunday	09:00 - 10:30	Family Gym	All Levels		
Sunday	09:30 - 11:30	Get Active	5-7 Years	Bad Crt 1	
Sunday	09:30 - 11:30	Get Active	8-11 Years	Bad Crt 2	
Sunday	09:30 - 11:30	Start Up Circuits	All Levels		

KEY

- £ Additional fee for this class
- * Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course

