



MONDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY

FRIDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY
1930 - 2130	Tennis Club Sessions - Mixed	Imp / Int	Courts 1,2,3,4	CL

TUESDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY
1000 - 1200	Tennis Club Sessions - Mixed	Beg / Imp	Courts 1,2,3,4	CL
1800 - 1900	Tennis Welcome - Mixed	All Ratings	Courts 1,2	CL
1900 - 2030	Fast Track Tennis - Mixed	Beg / Imp	Courts 1,2	CO
2030 - 2130	Tennis Group Coaching - Mixed	Beginner	Courts 1,2	CO

SATURDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY

WEDNESDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY
0930 - 1030	Tennis Welcome - Mixed	All Ratings	Courts 1,2	CL
1030 - 1200	Fast Track Tennis - Mixed	Beg / Imp	Courts 1,2	CO
1830 - 2000	Tennis Coaching & Matchplay - Mixed	Improver	Courts 2,3	CO
2000 - 2130	Tennis Group Coaching - Mixed	Int / Adv	Courts 1,2	CO

SUNDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY

THURSDAY

TIME	ACTIVITY	CATEGORY	LOCATION	KEY
1830 - 1930	Tennis Group Coaching - Mixed	Beginner	Courts 1,2	CO
1930 - 2130	Tennis Club Sessions - Mixed	Beginner	Courts 1,2,3,4	CL

FINDING YOUR LEVEL

If you're not sure which category you'd put yourself in, just come along to our weekly Tennis Welcome. Our Tennis Pro will assess your ability and give you a rating to help find the ideal group for you.

BEGINNER – RATING: FAST TRACK, 10

For members who have not played at all or have not played for a long time. You might be able to play basic shots and rally with a slow ball.

IMPROVER – RATING: 9, 8

For members who can rally 6-8 shots, slow to medium paced, serve with a full action and volley in doubles.

INTERMEDIATE – RATING: 7, 6

For members who can serve with a full action and some power, rally 12-15 shots and can get some pace on your forehands. You can play most shots including volleys, lobs and overheads in singles and doubles.

ADVANCED – RATING: 5, 4, 3 (2, 1)

For members who can play all the shots and rally consistently with good control of direction and pace. You can serve aggressively with spin and power on the 1st serve and with good depth and placement on the 2nd serve.

KEY

- £ Additional fee for this class
- * Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course