DAVID LLOYD LEISURE Solihull Cranmore - 0121 733 5300

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:00 - 13:00	All Stars Intensive	All Levels	Ind Crt 7	
Tuesday	09:00 - 13:00	All Stars Intensive	All Levels	Ind Crt 7	
Wednesday	09:00 - 13:00	All Stars Intensive	All Levels	Ind Crt 7	
Friday	09:00 - 13:00	All Stars Intensive	All Levels	Ind Crt 7	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Wednesday	09:00 - 13:00	Holiday Intensive - Beginner	Beginner	Ind Crt 6	
Friday	09:00 - 13:00	Holiday Intensive - Beginner	Beginner	Ind Crt 6	

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	17:00 - 18:00	Supervised Gym (14+yrs)	14 Years +	Gym Area 1	
Monday	17:50 - 18:35	Mini Dance	All Levels	Kids Zone	
Monday	18:00 - 19:00	Get Active	All Levels	High 5 Rm	
Tuesday	16:45 - 17:15	DL Kids Street Dance	8-11 Years	Studio 1	
Tuesday	16:45 - 17:45	Make & Create	All Levels	Kids Zone	
Tuesday	17:00 - 18:00	Supervised Gym	12-13 Years	Gym Area 1	
Tuesday	17:15 - 17:45	DL Kids Street Dance (14+yrs)	14 Years +	Studio 1	
Tuesday	18:00 - 19:00	Get Active	All Levels	High 5 club	
Wednesday	18:00 - 19:00	Get Active	All Levels	Leisure Pool 1	
Thursday	16:45 - 17:15	DL Kids Street Dance	8-11 Years	Studio 1	
Thursday	17:00 - 18:00	Supervised Gym	12-13 Years	Gym Area 1	
Thursday	17:15 - 17:45	DL Kids Street Dance (14+yrs)	14 Years +	Studio 1	
Friday	18:00 - 19:00	Multi Sports	5-7 Years		
Saturday	10:10 - 10:55	Make & Create	All Levels	High 5 Rm	
Saturday	10:10 - 10:55	Mini Dance	3-4 Years		
Saturday	10:10 - 10:55	Mini Dance	3-4 Years	Kids Zone	
Saturday	10:30 - 11:30	Supervised Gym	12-13 Years	Gym Area 1	
Saturday	11:00 - 12:00	Get Active	All Levels	Leisure Pool	
Saturday	11:10 - 11:55	Mini Dance	3-4 Years		
Sunday	09:15 - 10:00	Make & Create	All Levels	High 5 Rm	
Sunday	09:15 - 10:00	Mini Active	3-4 Years	Studio 2	
Sunday	10:10 - 11:00	Mini Dance	All Levels		
Sunday	10:30 - 11:30	Start Up Cycle	12-13 Years	Cycle Studio	
Sunday	11:00 - 12:00	Multi Sports	5-7 Years		

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

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