

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	13:20 - 14:50	Mini Active	All Levels	Studio 2	
Monday	15:50 - 17:20	Make & Create	All Levels	Kids Zone	
Monday	16:00 - 16:55	Supervised Gym	All Levels	Gym	
Monday	16:00 - 17:00	Get Active	All Levels	Studio 2	
Tuesday	13:20 - 14:50	Mini Active	All Levels	Studio 2	
Tuesday	15:50 - 17:20	Club Room Play	All Levels	Kids Zone	
Tuesday	16:00 - 16:30	DL Kids Badminton Beginners	Beginner	Bad Crt 1, 2	
Tuesday	16:00 - 16:30	DL Kids Tag Rugby	3-4 Years	Studio 2	
Tuesday	16:00 - 16:55	Supervised Gym	All Levels	Gym	
Tuesday	16:00 - 17:00	Family Splash	All Levels	Out Pool	
Tuesday	16:35 - 17:30	DL Kids Tag Rugby	All Levels	Outside	
Tuesday	16:40 - 17:10	DL Kids Badminton Intermediates	Intermediate	Bad Crt 1, 2	
Tuesday	17:00 - 18:00	DL Kids Squash Beginners	Beginner	Sq Crt 1, 2	
Wednesday	13:20 - 14:50	Mini Active	All Levels	Studio 2	
Wednesday	15:50 - 17:20	Make & Create	All Levels	Kids Zone	
Wednesday	16:00 - 16:55	Supervised Gym	All Levels	Gym	
Wednesday	16:00 - 17:00	DL Kids Squash Intermediates	Intermediate	Sq Crt 1, 2	
Wednesday	17:15 - 17:45	DL Kids Football (3-4yrs)	3-4 Years	Studio 2	
Thursday	13:20 - 14:50	Mini Active	All Levels	Studio 2	
Thursday	15:50 - 17:20	Club Room Play	All Levels	Kids Zone	
Thursday	16:00 - 16:55	Supervised Gym	All Levels	Gym	
Thursday	16:00 - 17:00	DL Kids Squash Beginners	Beginner	Sq Crt 1, 2	
Thursday	16:00 - 17:00	Get Active	All Levels	Studio 2	
Thursday	17:00 - 18:00	DL Kids Squash Intermediates	Intermediate	Sq Crt 1, 2	
Friday	13:20 - 14:50	Mini Active	All Levels	Studio 2	
Friday	15:50 - 17:20	Make & Create	All Levels	Kids Zone	
Friday	16:00 - 16:30	DL Kids Ballet	All Levels	Studio 1	
Friday	16:00 - 16:55	Supervised Gym	All Levels	Gym	
Friday	16:00 - 17:00	DL Kids Squash Beginners	Beginner	Sq Crt 1, 2	
Friday	16:00 - 17:00	Family Splash	All Levels	Ind Pool	
Friday	16:30 - 17:00	DL Kids Ballet	All Levels	Studio 1	
Friday	17:00 - 17:45	DL Kids Ballet	All Levels	Studio 1	
Friday	17:00 - 18:00	DL Kids Squash Intermediates	Intermediate	Sq Crt 2, 3	
Friday	17:15 - 18:15	DL Kids Football	8-11 Years	Outside	
Friday	17:45 - 18:30	DL Kids Tap	All Levels	Kids Zone	
Saturday	10:00 - 10:30	DL Kids Badminton Beginners	Beginner	Bad Crt 1, 2	
Saturday	10:40 - 11:10	DL Kids Badminton Intermediates	Intermediate	Bad Crt 1, 2	
Saturday	12:10 - 13:00	Mini Active	All Levels	Studio 2	
Saturday	13:00 - 13:55	Supervised Gym	All Levels	Gym	
Saturday	14:50 - 16:20	DL Kids Event/Party	All Levels	Bad Crt 1, 2	
Saturday	16:00 - 16:55	Supervised Gym	All Levels	Gym	
Sunday	13:00 - 13:55	Supervised Gym	All Levels	Gym	
Sunday	16:00 - 16:55	Supervised Gym	All Levels	Gym	

DL KIDS ACTIVITY CATEGORIES

- Club Coaching (Coaching)
- Club Crèche (Crèche)
- Club Play (Play)
- Club Active (Active)
- Club Fitness (Fitness)
- Club Water Activities (Water)
- Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

- £ Additional fee for this class
- * Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course