

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	15:45 - 16:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£
Monday	15:45 - 16:30	Tots & Parents (3-4yrs)	3-4 Years	Ind Crt 9	£
Monday	16:30 - 17:30	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Out Crt D	£
Monday	16:30 - 17:30	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 10, 9	£
Monday	17:30 - 18:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 9	£
Monday	18:00 - 19:30	FIT Club Night (11-14)	11+ years	Out Crt C, D	
Tuesday	11:00 - 11:45	Tots & Parents (3-4yrs)	3-4 Years	Ind Crt 9	£
Tuesday	15:30 - 16:30	Tots & Parents (3-4yrs)	3-4 Years	Ind Crt 9	£
Tuesday	15:45 - 16:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£
Tuesday	16:30 - 17:15	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 9	£
Tuesday	16:30 - 17:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 12	£
Tuesday	18:30 - 19:30	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Out Crt D	£
Wednesday	11:00 - 11:45	Tots & Parents (3-4yrs)	3-4 Years	Kids Sports H	£
Wednesday	15:45 - 16:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£
Wednesday	15:45 - 17:15	Tots & Parents (3-4yrs)	3-4 Years	Ind Crt 9	£
Wednesday	16:30 - 17:15	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 9	£
Wednesday	17:15 - 18:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 9	£
Wednesday	17:30 - 18:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 1	£
Wednesday	17:30 - 18:30	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 12	£
Wednesday	17:30 - 18:30	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Ind Crt 11	£
Thursday	13:30 - 14:15	Tots & Parents (3-4yrs)	3-4 Years	Kids Sports H	£
Thursday	15:45 - 16:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£
Thursday	16:30 - 17:15	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 9	£
Thursday	17:00 - 18:00	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Ind Crt 4	£
Thursday	17:30 - 18:30	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 9	£
Friday	15:45 - 16:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£
Friday	16:30 - 17:15	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 9	£
Friday	16:30 - 17:30	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 12	£
Friday	17:30 - 18:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 8	£
Friday	17:30 - 19:00	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Ind Crt 12	£
Saturday	09:00 - 09:45	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 11	£
Saturday	09:00 - 09:45	Tots & Parents (3-4yrs)	3-4 Years	Ind Crt 12	£
Saturday	09:00 - 09:45	Tots (3-5yrs)	3-5 Years	Ind Crt 10	£
Saturday	09:30 - 10:30	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 8	£
Saturday	09:45 - 10:30	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 9	£
Saturday	09:45 - 10:30	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 11	£
Saturday	09:45 - 10:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£
Saturday	10:30 - 11:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 1	£
Saturday	11:30 - 12:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 11	£
Saturday	11:30 - 12:30	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 8	£
Saturday	12:30 - 13:30	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 11	£
Saturday	13:30 - 15:00	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Ind Crt 12	£
Saturday	13:45 - 14:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 10	£

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

- KEY**
- £ Additional fee for this class
 - * Adult class coincides with children's activity
 - PP Pay Pro
 - PR Pay Reception
 - CL Class
 - CO Course

SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	11:00 - 11:30	Adult & Child	All Levels	Ind Pool	£
Monday	11:30 - 12:00	Adult & Child	All Levels	Ind Pool	£
Monday	12:00 - 12:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Monday	12:30 - 13:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Monday	16:00 - 16:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Monday	16:00 - 16:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Monday	16:00 - 16:30	ASA Swim Stage 4	All Levels	Ind Pool	£
Monday	16:30 - 17:00	ASA Swim Stage 2	All Levels	Ind Pool	£
Monday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Ind Pool	£
Monday	16:30 - 17:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Monday	17:00 - 17:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Monday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Ind Pool	£
Monday	17:30 - 18:00	ASA Swim Stage 2	All Levels	Ind Pool	£
Monday	17:30 - 18:00	ASA Swim Stage 6	All Levels		£
Monday	18:00 - 18:30	ASA Swim Stage 7	All Levels	Ind Pool	£
Tuesday	11:00 - 11:30	Adult & Child	All Levels	Ind Pool	£
Tuesday	11:30 - 12:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Tuesday	12:00 - 12:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Tuesday	16:00 - 16:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Tuesday	16:00 - 16:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Tuesday	16:00 - 16:30	ASA Swim Stage 4	All Levels	Ind Pool	£
Tuesday	16:30 - 17:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Tuesday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Ind Pool	£
Tuesday	16:30 - 17:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Tuesday	17:00 - 17:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Tuesday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Ind Pool	£
Tuesday	17:30 - 18:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Tuesday	17:30 - 18:00	ASA Swim Stage 6	All Levels		£
Tuesday	18:00 - 18:45	FIT Swim	11+ years		£
Wednesday	10:00 - 10:30	Adult & Child	All Levels	Ind Pool	£
Wednesday	10:30 - 11:00	Adult & Child	All Levels	Ind Pool	£
Wednesday	11:00 - 11:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Wednesday	11:30 - 12:00	Adult & Child	All Levels	Ind Pool	£
Wednesday	14:00 - 14:30	Adult & Child	All Levels	Ind Pool	£
Wednesday	14:30 - 15:00	Adult & Child	All Levels	Ind Pool	£
Wednesday	15:00 - 15:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Wednesday	15:30 - 16:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Wednesday	16:00 - 16:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Wednesday	16:00 - 16:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Wednesday	16:00 - 16:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Wednesday	16:30 - 17:00	ASA Swim Stage 2	All Levels	Ind Pool	£
Wednesday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Ind Pool	£
Wednesday	16:30 - 17:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Wednesday	17:00 - 17:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Wednesday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Ind Pool	£
Wednesday	17:30 - 18:00	ASA Swim Stage 2	All Levels	Ind Pool	£

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SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Wednesday	17:30 - 18:00	ASA Swim Stage 3	All Levels	Ind Pool	£
Wednesday	17:30 - 18:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Wednesday	18:00 - 18:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Wednesday	18:00 - 18:30	ASA Swim Stage 5	All Levels	Ind Pool	£
Thursday	11:00 - 11:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Thursday	11:30 - 12:00	Adult & Child	All Levels	Ind Pool	£
Thursday	14:00 - 14:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Thursday	14:30 - 15:00	Adult & Child	All Levels	Ind Pool	£
Thursday	15:00 - 15:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Thursday	15:30 - 16:00	ASA Swim Stage 2	All Levels	Ind Pool	£
Thursday	16:00 - 16:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Thursday	16:00 - 16:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Thursday	16:00 - 16:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Thursday	16:30 - 17:00	ASA Swim Stage 2	All Levels	Ind Pool	£
Thursday	16:30 - 17:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Thursday	16:30 - 17:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Thursday	17:00 - 17:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Thursday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Ind Pool	£
Thursday	17:30 - 18:00	ASA Swim Stage 2	All Levels	Ind Pool	£
Thursday	17:30 - 18:00	ASA Swim Stage 6	All Levels		£
Thursday	18:00 - 18:30	ASA Swim Stage 7	All Levels	Ind Pool	£
Friday	10:30 - 11:00	Adult & Child	All Levels	Ind Pool	£
Friday	11:00 - 11:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Friday	11:30 - 12:00	Adult & Child	All Levels	Ind Pool	£
Friday	12:00 - 12:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Friday	12:30 - 13:00	Adult & Child	All Levels	Ind Pool	£
Friday	16:00 - 16:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Friday	16:00 - 16:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Friday	16:00 - 16:30	ASA Swim Stage 4	All Levels	Ind Pool	£
Friday	16:30 - 17:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Friday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Ind Pool	£
Friday	16:30 - 17:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Friday	17:00 - 17:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Friday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Ind Pool	£
Friday	17:30 - 18:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Friday	17:30 - 18:00	ASA Swim Stage 6	All Levels		£
Friday	18:00 - 18:45	FIT Swim	11+ years	Ind Pool	£
Saturday	09:30 - 10:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Saturday	09:45 - 10:15	FIT Swim	11+ years	Ind Pool	£
Saturday	10:00 - 10:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Saturday	10:30 - 11:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Saturday	10:30 - 11:00	ASA Swim Stage 4	All Levels	Ind Pool	£
Saturday	11:00 - 11:30	ASA Swim Stage 2	All Levels	Ind Pool	£
Saturday	11:00 - 11:30	ASA Swim Stage 3	All Levels	Ind Pool	£
Saturday	11:30 - 12:00	ASA Swim Stage 1	All Levels	Ind Pool	£
Saturday	11:30 - 12:00	ASA Swim Stage 3	All Levels	Ind Pool	£

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DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 10:15	Lets Create	All Levels		£
Monday	09:30 - 11:30	Club Creche		Club Creche	£
Monday	10:25 - 11:10	Mini Dance	All Levels		£
Monday	16:00 - 16:45	Mini Active	3-4 Years		£
Monday	17:00 - 18:00	Multi Sports	All Levels		
Tuesday	09:30 - 11:30	Club Creche		Club Creche	£
Tuesday	10:25 - 11:10	Mini Dance	All Levels		£
Tuesday	11:35 - 12:20	Mini Active	3-4 Years		£
Tuesday	16:00 - 16:45	Lets Create	All Levels		£
Tuesday	17:00 - 18:00	Start Up (14+yrs)	14 Years +		
Tuesday	17:00 - 18:00	Start Up 1	All Levels	Gym	
Tuesday	17:15 - 18:00	Supervised Gym	All Levels		
Tuesday	17:30 - 18:30	Make & Create	All Levels		£
Tuesday	17:35 - 18:20	FIT Zumba	11+ years	Studio 1	
Wednesday	09:30 - 11:30	Club Creche		Club Creche	£
Wednesday	10:25 - 11:10	Mini Dance	All Levels		£
Wednesday	13:30 - 14:15	Lets Create	All Levels		£
Wednesday	16:00 - 16:45	Mini Active	3-4 Years		£
Wednesday	16:00 - 17:00	DL Kids Football	All Levels		£
Wednesday	17:00 - 18:00	Get Active	All Levels		£
Wednesday	17:00 - 18:00	Start Up (14+yrs)	14 Years +		
Wednesday	17:00 - 18:00	Start Up 2 (14+yrs)	14 Years +		
Wednesday	17:15 - 18:00	Supervised Gym	All Levels		
Wednesday	18:45 - 19:30	FIT Street Dance	11+ years		
Thursday	10:25 - 11:10	Mini Active	3-4 Years		£
Thursday	17:00 - 18:00	Start Up (14+yrs)	14 Years +		
Thursday	17:00 - 18:00	Start Up 3 (14+yrs)	14 Years +		
Thursday	17:15 - 18:30	DL Kids Club	All Levels		
Thursday	17:35 - 18:20	FIT Legs, Bums and Tums	11+ years	Studio 1	
Thursday	17:35 - 18:20	Supervised Gym	All Levels		
Friday	11:35 - 12:05	Imagine...(3-4yrs)	3-4 Years		
Friday	16:00 - 16:45	Mini Active	3-4 Years		£
Friday	17:15 - 18:00	Supervised Gym	All Levels		
Saturday	09:30 - 10:30	Get Active	All Levels		£
Saturday	09:30 - 11:30	Club Creche		Club Creche	£
Saturday	10:30 - 11:30	Make & Create	All Levels		£
Saturday	10:45 - 11:15	DL Kids Football	All Levels		
Saturday	11:00 - 12:00	Supervised Gym	All Levels		
Saturday	12:30 - 13:30	Family Welcome	All Levels	DL Kids Bowling	
Sunday	09:30 - 10:30	Get Active	All Levels		£
Sunday	10:30 - 11:15	Mini Active	3-4 Years		£
Sunday	10:30 - 11:30	Make & Create	All Levels		£
Sunday	12:30 - 13:30	Supervised Gym	All Levels		

DL KIDS ACTIVITY CATEGORIES

- Club Coaching (Coaching)
- Club Crèche (Crèche)
- Club Play (Play)
- Club Active (Active)
- Club Fitness (Fitness)
- Club Water Activities (Water)
- Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

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