





DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 11:30	Club Creche		Club Creche	£
Monday	16:00 - 16:45	Mini Active	3-4 Years	DL Kids Zone	
Monday	17:00 - 18:00	Get Active	5-7 Years	Out Crt 3 - Part A	
Monday	17:00 - 18:00	Get Active	8-11 Years	Out Crt 3 - Part B	
Monday	18:00 - 19:00	DL Kids Dance	All Levels	Kids Zone	£
Monday	18:00 - 19:00	FIT Circuits	11+ years	Gym 2	
Tuesday	09:30 - 11:30	Club Creche		Club Creche	£
Tuesday	17:00 - 18:00	Multi Sports	5-7 Years	Out Crt 3 - Part C	
Tuesday	17:00 - 18:00	Multi Sports	8-11 Years	Out Crt 3 - Part D	
Tuesday	17:00 - 18:00	Supervised Gym	All Levels	Gym	
Tuesday	17:15 - 18:00	Lets Create	3-4 Years	Kids Zone	
Tuesday	18:00 - 19:00	Get Active	5-7 Years	Out Crt 3 - Part A	
Tuesday	18:00 - 19:00	Get Active	8-11 Years	Out Crt 3 - Part B	
Wednesday	09:30 - 11:30	Club Creche		Club Creche	£
Wednesday	16:00 - 16:45	Mini Dance	All Levels	DL Kids Zone	
Wednesday	17:00 - 18:00	Get Active	5-7 Years	Out Crt 3 - Part A	
Wednesday	17:00 - 18:00	Get Active	8-11 Years	Out Crt 3 - Part B	
Wednesday	17:15 - 18:00	FIT Cycle	11+ years	Cycle Studio	
Wednesday	18:00 - 19:00	DL Kids Club Night	All Levels	DL Kids Zone	
Thursday	17:00 - 18:00	Make & Create	5-7 Years	DL Kids Zone	
Thursday	17:00 - 18:00	Make & Create	8-11 Years	Fun Rm	
Thursday	17:15 - 18:00	FIT Boxercise	11+ years	Studio 2	
Thursday	17:15 - 18:00	Lets Create	3-4 Years	Kids Zone	
Thursday	18:00 - 19:00	Aqua Splash	8-11 Years	Ind Pool	
Thursday	18:00 - 19:00	Aqua Splash	5-7 Years	Pool	
Friday	09:30 - 11:30	Club Creche		Club Creche	£
Friday	16:00 - 16:45	Imagine...(3-4yrs)	3-4 Years	DL Kids Zone	
Friday	17:30 - 18:00	DL Kids Club Night	All Levels	DL Kids Zone	
Friday	18:00 - 19:00	Supervised Gym	All Levels	Gym	
Friday	18:00 - 19:30	DL Kids Movie Time	All Levels	DL Kids Zone	
Saturday	10:00 - 10:45	Mini Active	3-4 Years	Kids Zone	
Saturday	10:00 - 11:00	DL Kids Football	All Levels	Outside	£
Saturday	10:00 - 11:00	Multi Sports	5-7 Years	Out Crt 3 - Part C	
Saturday	10:00 - 11:00	Multi Sports	8-11 Years	Out Crt 3 - Part D	
Saturday	10:00 - 11:00	Supervised Gym	All Levels	Gym	
Saturday	11:00 - 11:45	Tots Football	All Levels	Out Crt 3 - Part D	£
Saturday	11:00 - 12:00	Get Active	5-7 Years	Out Crt 3 - Part A	
Saturday	11:00 - 12:00	Get Active	8-11 Years	Out Crt 3 - Part B	
Saturday	12:30 - 13:30	Family Welcome	All Levels	Kids Zone	
Saturday	16:00 - 16:55	Family Gym	All Levels	Gym	
Sunday	10:00 - 11:00	Get Active	5-7 Years	Out Crt 3 - Part A	
Sunday	10:00 - 11:00	Get Active	8-11 Years	Out Crt 3 - Part B	
Sunday	11:00 - 11:45	Mini Dance	All Levels	High 5 Rm	
Sunday	11:00 - 12:00	Make & Create	8-11 Years	Fun Rm	
Sunday	11:00 - 12:00	Make & Create	5-7 Years	Kids Zone	
Sunday	11:00 - 12:00	Supervised Gym	All Levels	Gym	

**KEY**

- £ Additional fee for this class
- \* Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course

