DAVID LLOYD LEISURE Nottingham West Bridgford - 0115 982 5555

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	18:00 - 18:40	Junior Squash Social	3-18 Years	Sq Crt 1, 2	
Saturday	10:00 - 11:30	All Stars Tennis Yellow 2	11-18 Years	Ind Crt 1	
Saturday	14:00 - 15:30	Junior Badminton	3-18 Years	Bad Crt 1-4	
Sunday	09:00 - 16:00	Junior Events & Tournaments (External)	All Levels	Ind Crt 1, 2	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 10:15	Mini Active	3-4 Years	Ind Crt 7	
Monday	16:30 - 17:25	Multi Sports	5-7 Years	Bad Crt 9	
Monday	16:30 - 17:30	Start Up 1 (14+yrs)	14 Years +	Gym Desk	
Monday	17:30 - 18:25	Get Active	5-7 Years	Bad Crt 9	
Tuesday	15:30 - 16:25	Mini Active	3-4 Years	Bad Crt 9	
Tuesday	16:30 - 17:25	Imagine...(3-4yrs)	3-4 Years	Mind & Body Studio	
Tuesday	17:00 - 17:55	Start Up Cycle	12-13 Years		
Thursday	15:30 - 16:25	Mini Dance	3-4 Years	Party Rm	
Thursday	16:30 - 17:25	Mini Dance	3-4 Years	Party Rm	
Thursday	16:30 - 17:25	Multi Sports	5-7 Years	Bad Crt 9	
Thursday	17:30 - 18:15	Family Welcome	All Levels	Club Rm	
Thursday	17:30 - 18:25	Get Active	8-11 Years	Bad Crt 7	
Thursday	17:30 - 18:25	Get Active	5-7 Years	Bad Crt 9	
Friday	16:00 - 16:55	Mini Active	3-4 Years	Party Rm	
Friday	16:30 - 17:25	Start Up 3 (14+yrs)	14 Years +	Gym Desk	
Friday	16:45 - 17:40	Multi Sports	5-7 Years	Bad Crt 9	
Friday	17:00 - 17:55	Mini Active	3-4 Years	Bad Crt 9	
Friday	17:15 - 18:00	Mini Active	3-4 Years	Ind Crt 7	
Friday	17:30 - 18:25	Multi Sports	8-11 Years	Bad Crt 9	
Saturday	09:00 - 09:55	Get Active	8-11 Years	Bad Crt 7	
Saturday	09:00 - 09:55	Get Active	5-7 Years	Bad Crt 9	
Saturday	09:00 - 09:55	Mini Active	3-4 Years		
Saturday	10:00 - 10:55	Multi Sports	5-7 Years	Bad Crt 7	
Saturday	10:00 - 10:55	Multi Sports	8-11 Years	Bad Crt 9	
Sunday	09:30 - 10:25	Get Active	8-11 Years	Bad Crt 7	
Sunday	09:30 - 10:25	Get Active	5-7 Years	Bad Crt 9	
Sunday	09:30 - 10:25	Mini Dance	3-4 Years	Party Rm	
Sunday	10:30 - 11:25	Lets Create	3-4 Years	Party Rm	
Sunday	10:30 - 11:25	Multi Sports	8-11 Years	Bad Crt 7	
Sunday	10:30 - 11:25	Multi Sports	5-7 Years	Bad Crt 9	
Sunday	12:00 - 12:55	Family Splash	All Levels	Ind Pool	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

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