DAVID LLOYD LEISURE - Newcastle - 0191 284 1275

DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:30 - 17:15	Supervised Gym	12-13 Years	Gym	
Monday	16:45 - 17:30	Lets Create	3-4 Years	Kids Zone	
Monday	16:45 - 17:30	Start Up Circuits	All Levels		
Tuesday	16:45 - 17:30	Mini Active	3-4 Years	Kids Zone	
Wednesday	16:30 - 17:15	Supervised Gym	12-13 Years	Gym	
Wednesday	16:45 - 17:30	DL Kids Football (3-4yrs)	3-4 Years		
Thursday	16:45 - 17:30	DL Kids Football (3-4yrs)	3-4 Years	Studio 1	
Friday	16:30 - 17:15	Supervised Gym	12-13 Years	Gym	
Friday	16:45 - 17:30	Mini Active	3-4 Years	Kids Zone	
Friday	17:00 - 18:00	DL Kids Karate Beginners	Beginner	Studio 1	
Friday	18:00 - 19:00	DL Kids Karate Advanced	Advanced	Studio 1	
Saturday	13:00 - 13:45	Family Splash	All Levels	Main Pool	
Sunday	13:00 - 13:45	Family Splash	All Levels	Main Pool	
Sunday	17:00 - 18:00	Supervised Gym	12-13 Years	Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course