

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 17:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 6	
Monday	16:00 - 17:00	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 5	
Monday	16:00 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 4	
Monday	16:00 - 17:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 3	
Monday	16:00 - 17:00	Tots (3-5yrs)	3-5 Years	Ind Crt 1, 2	
Monday	17:00 - 17:55	FIT Fast Track	11+ years	Ind Crt 3	
Monday	17:00 - 18:00	All Star Tennis Green Performance Team	10 Years	Ind Crt 1, 2	
Monday	18:00 - 19:00	All Stars Badminton (3-18yrs)	3-18 Years	Bad Crt 1, 2 & 3	
Tuesday	13:50 - 14:50	Tots (3-5yrs)	3-5 Years	Ind Crt 1, 2	
Tuesday	16:00 - 17:00	All Star Tennis Orange Development Squad 1	8-9 Years	Ind Crt 6	
Tuesday	16:00 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 4	
Tuesday	16:00 - 17:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 3	
Tuesday	16:00 - 17:00	All Star Tennis Red Development Squad 1	8 Years & Under	Ind Crt 5	
Tuesday	16:00 - 17:00	Tots (3-5yrs)	3-5 Years	Ind Crt 1, 2	
Tuesday	17:00 - 18:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1, 2	
Tuesday	17:00 - 19:00	All Star Tennis Yellow Performance Team	11-17 Years	Ind Crt 3	
Tuesday	18:00 - 19:00	All Star Tennis Yellow Performance Team	11-17 Years	Ind Crt 2	
Tuesday	18:00 - 19:00	All Stars Badminton (3-18yrs)	3-18 Years	Bad Crt 1, 2 & 3	
Wednesday	16:00 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 2	
Wednesday	16:00 - 17:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Wednesday	17:00 - 18:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 1	
Wednesday	17:00 - 18:00	All Star Tennis Green Performance Team	10 Years	Ind Crt 3	
Wednesday	18:00 - 19:00	All Stars Badminton (3-18yrs)	3-18 Years	Bad Crt 1, 2	
Thursday	16:00 - 17:00	Tots (3-5yrs)	3-5 Years	Ind Crt 1, 2	
Thursday	16:00 - 18:00	All Stars Badminton (3-18yrs)	3-18 Years	Bad Crt 1, 2 & 3	
Thursday	17:00 - 18:00	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 3	
Thursday	17:00 - 18:00	All Star Tennis Yellow 3 (11-17yrs)	11-17 Years	Ind Crt 1	
Thursday	18:00 - 19:00	All Star Tennis Yellow Development Squad 1	11-17 Years	Ind Crt 1-5, 6	
Friday	16:00 - 17:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 3	
Friday	16:00 - 17:00	All Star Tennis Red Development Squad 1	8 Years & Under	Ind Crt 1, 2	
Friday	16:00 - 18:00	All Stars Badminton (3-18yrs)	3-18 Years	Bad Crt 1, 2 & 3	
Friday	17:00 - 18:30	FIT Club Night (11-14)	11+ years	Air Hall Crt 12, 13	
Friday	17:00 - 19:00	All Star Tennis Yellow Performance Team	11-17 Years	Ind Crt 1-5	
Saturday	09:00 - 10:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 4	
Saturday	09:00 - 10:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 3	
Saturday	09:00 - 10:00	Tots (3-5yrs)	3-5 Years	Ind Crt 1, 2	
Saturday	09:00 - 16:00	Tennis Leaders Course (14-17yrs)	14-17 Years	Air Hall Crt 11	
Saturday	09:00 - 17:00	Junior Events & Tournaments (External)	All Levels	Air Hall Crt 12, 13	
Saturday	10:00 - 11:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 6, 7	
Saturday	10:00 - 11:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 3	
Saturday	10:00 - 11:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 2	
Saturday	10:00 - 11:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Saturday	11:00 - 12:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 1, 2	
Saturday	11:00 - 12:00	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 3, 4	
Saturday	11:00 - 12:00	All Star Tennis Orange Development Squad 1	8-9 Years	Ind Crt 5	
Saturday	12:00 - 13:00	All Star Tennis Yellow 1 (11-17yrs)	11-17 Years	Ind Crt 1, 2 & 3	

KEY

- £ Additional fee for this class
- * Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	13:30 - 14:15	Tots Ballet	All Levels	Activity Rm 1	£
Monday	17:00 - 18:00	DL Kids Basketball	All Levels	Air Hall Crts 11 & 12	
Monday	17:00 - 18:00	DL Kids Netball	All Levels	Air Hall	
Monday	17:15 - 18:00	DL Kids Kickboxing	All Levels	Activity Rm 1	£
Monday	18:00 - 18:45	FIT Circuits	11+ years	Gym - Part A	
Monday	18:00 - 19:00	DL Kids Basketball	All Levels	Air Hall Crts 11 & 12	
Monday	18:00 - 19:00	Family Welcome	All Levels	Club Rm	
Monday	18:15 - 18:45	FIT Adidas Zone Cycling	11+ years	Spin Cycle Studio	
Monday	18:30 - 19:15	Start Up (14+yrs)	14 Years +	Gym Area 2 - Part A	
Tuesday	09:30 - 10:00	Mini Active	3-4 Years	Activity Rm 1	
Tuesday	09:30 - 11:30	Parent & Tots Free Play	All Levels	Creche	
Tuesday	10:00 - 10:30	Mini Dance	3-4 Years	Activity Rm 1	
Tuesday	10:45 - 11:15	Imagine...(3-4yrs)	3-4 Years	Activity Rm 1	
Tuesday	11:15 - 11:45	Lets Create	3-4 Years	Activity Rm 1	
Tuesday	16:00 - 16:45	Kids Splash	All Levels	Ind Pool	
Tuesday	16:00 - 16:45	Tots Ballet	All Levels	Activity Rm 1	£
Tuesday	16:00 - 18:00	Parent & Tots Free Play	All Levels	Creche	
Tuesday	16:45 - 17:30	DL Kids Ballet	All Levels	Activity Rm 1	£
Tuesday	16:45 - 17:30	Kids Splash	All Levels	Ind Pool	
Tuesday	17:30 - 19:00	DL Kids Tri Golf	5-7 Years	Ind Crt 8	
Tuesday	17:30 - 19:00	DL Kids Tri Golf	8-11 Years	Ind Crt 9	
Tuesday	18:00 - 18:45	Supervised Gym	All Levels	Gym Area 2	
Tuesday	18:30 - 19:30	FIT Street Dance	11+ years	Activity Rm 1	£
Wednesday	13:30 - 14:15	Tots Ballet	All Levels	Activity Rm 1	£
Wednesday	16:00 - 16:45	DL Kids Dance	All Levels	Creche	£
Wednesday	16:30 - 17:00	Mini Active	3-4 Years	Activity Rm 1	
Wednesday	16:30 - 17:30	Get Active	All Levels	Studio 2	
Wednesday	16:45 - 17:30	DL Kids Dance	All Levels	Creche	£
Wednesday	17:00 - 17:30	Mini Dance	3-4 Years	Activity Rm 1	
Wednesday	17:30 - 18:15	Drama	8-11 Years	Activity Rm 1	£
Wednesday	17:30 - 18:15	FIT Zumba	11+ years	Studio 2	
Wednesday	17:40 - 18:10	Make & Create	8-11 Years	Studio 3	
Wednesday	17:40 - 18:40	Lets Create	3-4 Years	Club Rm	
Wednesday	17:40 - 18:40	Make & Create	5-7 Years	Creche	
Wednesday	17:45 - 18:30	Supervised Gym	All Levels	Gym Area 2	
Wednesday	18:15 - 19:00	DL Kids Dance	All Levels	Activity Rm 1	£
Wednesday	18:30 - 19:15	Start Up (14+yrs)	14 Years +	Gym Area 1 - Part A	
Wednesday	19:00 - 19:45	FIT Circuits	11+ years	Gym - Part A	
Thursday	09:30 - 11:30	Parent & Tots Free Play	All Levels	Creche	
Thursday	16:00 - 17:30	Drama	12-13 Years	Activity Rm 1	£
Thursday	16:45 - 17:30	DL Kids Football (3-4yrs)	3-4 Years	Out Crt 14, 15	
Thursday	17:40 - 18:40	DL Kids Football	All Levels	Out Crt 16, 17 & 18	
Thursday	17:45 - 18:30	Supervised Gym	All Levels	Gym Area 2	
Thursday	18:00 - 18:45	Drama	12-13 Years	Activity Rm 1	£
Thursday	18:30 - 19:15	Start Up (14+yrs)	14 Years +	Gym Area 1 - Part A	
Thursday	19:00 - 19:45	FIT Boxing	11+ years	Gym - Part A	

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