



**SWIMMING**

DAY	TIME	ACTIVITY	LOCATION	AGE / LEVEL	KEY
Monday	1000-1030.	ASA Stage 2	Pool		£
Monday	1030-1100.	Parent and child	Pool		£
Monday	1100-1130.	Parent and child	Pool		£
Monday	1600-1630.	ASA Stage 1	Pool		£
Monday	1630-1700.	ASA Stage 2	Pool		£
Monday	1700-1730.	ASA Stage 3	Pool		£
Monday	1730-1800.	ASA Stage 4	Pool		£
Monday	1800-1830.	ASA Stage 5	Pool		£
Monday	1830-1900.	ASA Stage 6	Pool		£
Monday	1900-1930.	ASA Stage 7	Pool		£
Monday	1930-2000.	Rookie Lifeguard - ASA Stage 8	Pool		£
Tuesday	1600-1630.	ASA Stage 1	Pool		£
Tuesday	1630-1700.	ASA Stage 2	Pool		£
Tuesday	1700-1730.	ASA Stage 3	Pool		£
Tuesday	1730-1800.	ASA Stage 4	Pool		£
Tuesday	1800-1830.	ASA Stage 5	Pool		£
Tuesday	1830-1900.	ASA Stage 6	Pool		£
Tuesday	1915-2000.	Swim Club	Pool		£
Wednesday	1000-1030.	Parent and child	Pool		£
Wednesday	1030-1100	Parent and child	Pool		£
Wednesday	1600-1630.	ASA Stage 1	Pool		£
Wednesday	1630-1700.	ASA Stage 2	Pool		£
Wednesday	1700-1730.	ASA Stage 3	Pool		£
Wednesday	1730-1800.	ASA Stage 4	Pool		£
Wednesday	1800-1830.	ASA Stage 5	Pool		£
Wednesday	1830-1900.	ASA Stage 6	Pool		£
Wednesday	1900-1930.	ASA Stage 7	Pool		£
Wednesday	1930-2000.	Rookie Lifeguard - ASA Stage 8	Pool		£
Thursday	1330-1400.	Parent and child	Pool		£
Thursday	1400-1430.	Parent and child	Pool		£
Thursday	1600-1630.	ASA Stage 1	Pool		£
Thursday	1630-1700.	ASA Stage 2	Pool		£
Thursday	1700-1730.	ASA Stage 3	Pool		£
Thursday	1730-1800.	ASA Stage 4	Pool		£
Thursday	1800-1830.	ASA Stage 5	Pool		£
Thursday	1830-1900.	ASA Stage 6	Pool		£
Thursday	1900-1930.	ASA Stage 7	Pool		£
Thursday	1930-2000.	Rookie Lifeguard - ASA Stage 8	Pool		£
Friday	1600-1630.	ASA Stage 1	Pool		£
Friday	1630-1700.	ASA Stage 2	Pool		£
Friday	1700-1730.	ASA Stage 3	Pool		£
Friday	1730-1800.	ASA Stage 4	Pool		£
Friday	1800-1830.	ASA Stage 5	Pool		£
Friday	1830-1900.	ASA Stage 6	Pool		£
Friday	1900-1930.	ASA Stage 7	Pool		£
Saturday	0930-1000.	ASA Stage 1	Pool		£
Saturday	1000-1030.	ASA Stage 2	Pool		£
Saturday	1030-1100.	ASA Stage 3	Pool		£
Saturday	1100-1130.	ASA Stage 5	Pool		£
Saturday	1130-1200.	ASA Stage 6	Pool		£
Saturday	1200-1230.	Pre School Stage 1	Pool		£
Saturday	1230-1300.	ASA Stage 1	Pool		£

**ALLSTARS SWIM COACHING PROGRAMME**

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

**KEY**

£ Additional Fees for this class

P Classes require parental supervision at all times

\* Child activities that coincide with adult classes

Swim and Tennis All Stars programmes run during term time only.

Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.



