DAVID LLOYD LEISURE - Maidstone - 01622 607 600

DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 17:00	Get Active	8-11 Years	Club Rm	
Monday	16:00 - 17:00	Get Active	5-7 Years	Studio 1	
Tuesday	16:00 - 17:00	Get Active	8-11 Years	Rec	
Tuesday	16:00 - 17:00	Get Active	5-7 Years	Studio 1	
Tuesday	16:00 - 17:00	Mini Active	3-4 Years	Studio 2	
Tuesday	17:00 - 17:45	Supervised Gym	All Levels	Gym	
Thursday	17:00 - 17:45	Supervised Gym	All Levels	Gym	
Saturday	12:30 - 13:15	FIT Boot Camp	11+ years	Gym	
Sunday	12:30 - 13:15	Supervised Gym	All Levels	Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course