DAVID LLOYD LEISURE - Maidstone - 01622 607 600

DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 16:45	Multi Sports	5-7 Years	Studio 1	
Tuesday	16:00 - 16:45	Multi Sports	5-7 Years	Studio 1	
Tuesday	17:00 - 17:45	Supervised Gym	All Levels	Gym	
Wednesday	16:00 - 16:45	DL Kids Football	All Levels	Studio 1	
Wednesday	16:45 - 17:45	DL Kids Karate	All Levels	Studio 1	
Thursday	17:00 - 17:45	Supervised Gym	All Levels	Gym	
Thursday	17:15 - 18:00	Family Welcome	All Levels	Lounge	
Friday	16:00 - 16:45	Multi Sports	5-7 Years	Studio 1	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course