DAVID LLOYD LEISURE Maidenhead - 0162 850 9860

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 16:30	ASA Swim Stage 2	All Levels	Pool	£
Monday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Main Pool	£
Monday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Pool	£
Thursday	16:00 - 16:30	ASA Swim Stage 4	All Levels	Pool	£
Thursday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Main Pool	£
Thursday	17:00 - 17:30	ASA Swim Stage 6	All Levels	Pool	£
Thursday	17:30 - 18:00	Swim Squads	All Levels	Pool	£
Saturday	10:00 - 10:30	ASA Swim Stage 1	All Levels	Pool	£
Saturday	10:30 - 11:00	ASA Swim Stage 2	All Levels	Pool	£
Saturday	10:30 - 11:00	ASA Swim Stage 3	All Levels	Main Pool	£
Saturday	11:00 - 11:30	ASA Swim Stage 3	All Levels	Main Pool	£
Saturday	11:00 - 11:30	ASA Swim Stage 6	All Levels	Pool	£
Sunday	10:00 - 10:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Sunday	10:30 - 11:00	ASA Swim Stage 2	All Levels	Pool	£
Sunday	10:30 - 11:00	ASA Swim Stage 3	All Levels	Main Pool	£
Sunday	11:00 - 11:30	ASA Swim Stage 4	All Levels	Pool	£
Sunday	11:00 - 11:30	ASA Swim Stage 7	All Levels	Main Pool	£
Sunday	11:30 - 12:00	ASA Swim Stage 5	All Levels	Pool	

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Saturday	10:30 - 11:30	Get Active	All Levels	Studio 2	
Saturday	11:30 - 12:30	Make & Create	All Levels	Studio 2	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

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CL	Class
CO	Course

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