DAVID LLOYD LEISURE Leicester Narborough - 0116 272 7810

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Monday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Monday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Tuesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Tuesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Tuesday	09:00 - 17:00	All Stars Intensive	All Levels	Ind Crt 6	
Tuesday	16:30 - 17:30	All Stars Tennis Red 1	8 Years & Under	Ind Crt 1	
Wednesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Wednesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Wednesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Wednesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Wednesday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Thursday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Thursday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Thursday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Thursday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Friday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Friday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 5	
Friday	09:00 - 12:00	All Stars Intensive	All Levels	Ind Crt 6	
Friday	14:00 - 14:30	Tots	3-5 Years	Ind Crt 1	
Saturday	11:30 - 12:30	All Stars Tennis Yellow 3	11-18 Years		

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

LIFE. Be fit for it
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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Tuesday	18:00 - 19:00	Start Up Circuits	All Levels	Family Gym	
Wednesday	17:00 - 17:30	Start Up Cycle	All Levels	Studio 2	
Wednesday	17:30 - 18:15	Mini Dance	3-4 Years	Cinema	
Wednesday	17:30 - 18:30	Multi Sports	5-7 Years	Bad Crt 3	
Wednesday	17:30 - 18:30	Multi Sports	5-7 Years	Bad Crt 4	
Thursday	17:30 - 18:31	DL Kids Uni Hoc Beginners	Beginner	Bad Crt 3	
Friday	17:30 - 19:30	DL Kids Club Night	All Levels	Cinema	
Saturday	09:00 - 09:45	Lets Create	3-4 Years	Cinema	
Saturday	09:00 - 10:00	Make & Create	5-7 Years		
Saturday	10:00 - 10:45	Mini Active	All Levels	Bad Crt 3	
Saturday	10:00 - 10:45	Mini Active	3-4 Years	Bad Crt 4	
Saturday	10:00 - 11:00	Make & Create	5-7 Years	Cinema	
Saturday	11:00 - 11:45	Mini Dance	3-4 Years	Cinema	
Saturday	11:00 - 12:00	Get Active	5-7 Years	Bad Crt 3	
Saturday	11:00 - 12:00	Get Active	5-7 Years	Bad Crt 4	
Sunday	10:00 - 10:45	Lets Create	3-4 Years	Cinema	
Sunday	10:00 - 11:00	Multi Sports	5-7 Years	Bad Crt 4	
Sunday	10:00 - 11:00	Start Up Circuits	All Levels	Family Gym	
Sunday	11:00 - 11:45	Mini Dance	3-4 Years	Cinema	
Sunday	11:00 - 12:00	Get Active	5-7 Years	Bad Crt 4	
Sunday	11:00 - 12:00	Multi Sports	All Levels	Bad Crt 3 - Part B	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

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