DAVID LLOYD LEISURE Kingston - 0208 974 7440

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 16:30	ASA Swim Stage 1	All Levels	Main Pool	£
Monday	16:00 - 16:45	ASA Swim Stage 2	All Levels		£
Monday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Main Pool	£
Monday	16:30 - 17:00	ASA Swim Stage 4	All Levels		£
Monday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Main Pool	£
Friday	16:00 - 16:30	ASA Swim Stage 1	All Levels	Ind Pool	£
Friday	16:00 - 16:30	ASA Swim Stage 2	All Levels		£
Friday	16:30 - 17:00	ASA Swim Stage 3	All Levels	Main Pool	£
Friday	16:30 - 17:00	ASA Swim Stage 4	All Levels		£
Friday	17:00 - 17:30	ASA Swim Stage 5	All Levels	Main Pool	£
Friday	17:00 - 17:30	ASA Swim Stage 6	All Levels		£
Saturday	10:00 - 10:30	ASA Swim Stage 1	All Levels		£
Saturday	10:30 - 11:00	ASA Swim Stage 2	All Levels		£
Saturday	11:00 - 11:30	ASA Swim Stage 3	All Levels		£
Saturday	11:00 - 11:30	ASA Swim Stage 4	All Levels	Main Pool	£
Saturday	11:30 - 12:00	ASA Swim Stage 6	All Levels	Ind Pool	£
Saturday	12:00 - 12:30	ASA Swim Stage 7	All Levels	Main Pool	£

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

LIFE. Be fit for it
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