

DAY	TIME	ACTIVITY	CATEGORY	LOCATION	AGE / LEVEL	KEY
Monday	09.30-11.30	Club Crèche	Crèche	Creche	(Under 3's) & (3-4's)	£/*
Monday	10.30-11.30	Mini Active	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Monday	11.30-12.15	Imagine	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Monday	12.00-19.00	Family Gym	Fitness	Gym	(14-15's)	*
Monday	17.00-17.45	Start Up	Fitness	Gym	(14-15's)	
Monday	17.45-18.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Tuesday	09.30-11.30	Club Crèche	Crèche	Creche	(Under 3's) & (3-4's)	£/*
Tuesday	10.35-11.30	Mini Active	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Tuesday	11.30-12.25	Mini Moves	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Tuesday	12.00-19.00	Family Gym	Fitness	Gym	(14-15's)	*
Tuesday	17.45-18.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Wednesday	09.30-10.25	Mini Active	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Wednesday	10.30-11.25	Let's Create	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Wednesday	12.00-13.00	Mini Active	Play	Creche	(Under 3's) & (3-4's)	p/*
Wednesday	13.00-13.45	Mini Active	Play	Creche	(Under 3's) & (3-4's)	p/*
Wednesday	13.45-14.30	Mini Active	Play	Creche	(Under 3's) & (3-4's)	p/*
Wednesday	16.15-17.00	Ballet	Coaching	Studio 2	Contact Reception	£
Wednesday	17.00-17.45	Start Up	Fitness	Gym	(14-15's)	p
Wednesday	17.00-17.45	Performing Arts	Coaching	Studio 2	Contact Reception	£
Wednesday	17.45-18.30	Ballroom and Latin Dance	Coaching	Studio 2	Contact Reception	£
Wednesday	17.45-18.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	*
Thursday	09.30-11.30	Club Crèche	Crèche	Creche	(Under 3's) & (3-4's)	£/*
Thursday	09.30-10.25	Mini Active	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Thursday	10.30-11.05	Imagine	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Thursday	11.15-12.00	Melody Bear Ballet	Coaching	Studio 2	Contact Reception	£
Thursday	12.00-12.45	Melody Bear Ballet	Coaching	Studio 2	Contact Reception	£
Thursday	12.00-19.00	Family Gym	Fitness	Gym	(14-15's)	*
Thursday	17.00-18.00	Tae Kwon Do	Coaching	Studio 2	Contact Reception	£
Thursday	17.45-18.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	*
Friday	09.30-11.30	Club Crèche	Crèche	Creche	(Under 3's) & (3-4's)	£/*
Friday	09.30-10.30	Mini Active	Play	Studio 2	(Under 3's) & (3-4's)	p/*
Friday	12.00-19.00	Family Gym	Fitness	Gym	(14-15's)	*
Friday	16.00-16.45	Yoga/Yoga Bugs	Coaching	Studio 2	Contact Reception	
Friday	16.30-17.30	Football	Coaching	Courts	Contact Reception	
Friday	17.00-17.45	Street Dance	Fitness	Studio 2	(8-11's)	
Friday	17.00-19.00	DL Kids Movie Time	Misc	Playden		p
Saturday	09.15-10.30	Mini Active	Play	Creche	(Under 3's) & (3-4's)	p/*
Saturday	09.30-10.15	Start Up	Fitness	Gym	(14-15's)	*
Saturday	10.00-10.45	Family Gym	Fitness	Gym	(14-15's)	*
Saturday	10.00-11.25	Get Active	Active	Studio 2	(5-7's)	*
Saturday	10.00-11.25	Get Active	Active	Studio 2	(8-11's)	*
Saturday	10.15-11.15	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	*
Saturday	10.30-11.30	Mini Active	Play	Creche	(Under 3's) & (3-4's)	p/*
Saturday	11.35-13.05	Make and Create	Active	Studio 2	(5-7's)	*
Saturday	11.35-13.05	Make and Create	Active	Studio 2	(8-11's)	*
Sunday	09.30-19.30	Family Gym	Fitness	Gym	(14-15's)	*
Sunday	10.00-11.25	Get Active	Active	Studio 2	(5-7's)	
Sunday	10.00-11.25	Get Active	Active	Studio 2	(8-11's)	*

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching) Club Fitness (Fitness)
 Club Crèche (Crèche) Club Water Activities (Water)
 Club Play (Play) Other Kids Activities & Parties (Misc)
 Club Active (Active)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional Fees for this class
 P Classes require parental supervision at all times
 * Child activities that coincide with adult classes
 Swim and Tennis All Stars programmes run during term time only.
 Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.

