DAVID LLOYD LEISURE - Kensington - 0207 341 6400

DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 16:30	DL Kids Ballet	All Levels	Energy Zone - Part B	
Monday	16:00 - 16:30	DL Kids Ballet Beginners	Beginner	Energy Zone - Part A	
Monday	16:00 - 16:30	Mini Active	All Levels		
Monday	16:15 - 17:00	Get Active	All Levels	Mind & Body Studio	
Monday	16:30 - 17:00	DL Kids Ballet	All Levels	Energy Zone - Part C	
Monday	17:00 - 17:30	DL Kids Ballet	All Levels	Energy Zone - Part A	
Monday	17:15 - 18:00	Multi Sports	8-11 Years	Mind & Body Studio	
Monday	17:15 - 18:00	Start Up	All Levels		
Tuesday	17:15 - 18:00	Start Up	All Levels		
Tuesday	17:15 - 18:15	DL Kids Tae Kwon Do Advanced	Advanced	B2	
Wednesday	16:15 - 17:00	Get Active	All Levels	Mind & Body Studio	
Wednesday	17:15 - 18:00	Multi Sports	8-11 Years	Mind & Body Studio	
Wednesday	17:15 - 18:00	Supervised Gym	All Levels	1st Floor	
Thursday	10:30 - 11:00	Mini Active	All Levels	Play Den	
Thursday	16:15 - 17:00	Get Active	5-7 Years	Energy Zone - Part B	
Thursday	16:15 - 17:15	DL Kids Tae Kwon Do Advanced	Advanced		
Thursday	17:15 - 18:00	Multi Sports	8-11 Years	Mind & Body Studio	
Thursday	17:15 - 18:00	Start Up	All Levels		
Thursday	17:15 - 18:15	DL Kids Tae Kwon Do Beginners	Beginner		
Friday	10:30 - 11:00	Mini Dance	All Levels		
Sunday	10:00 - 10:30	DL Kids Tae Kwon Do Beginners	Beginner		
Sunday	10:30 - 11:15	DL Kids Tae Kwon Do Intermediates	Intermediate		
Sunday	11:15 - 12:15	DL Kids Tae Kwon Do Intermediates	Intermediate		
Sunday	12:15 - 13:15	DL Kids Tae Kwon Do Advanced	Advanced		

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course