DAVID LLOYD LEISURE - Ipswich - 01473 717600

DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:15 - 17:00	Start Up	All Levels	Family Gym	
Monday	17:00 - 18:00	DL Kids Hockey	All Levels	Bub Multi Crt 4	
Monday	18:00 - 19:00	DL Kids Table Tennis	All Levels	Sq Crt 3	
Tuesday	09:30 - 10:30	Lets Create	All Levels	Bad Crt 4	
Tuesday	16:15 - 17:00	Lets Create	All Levels	Studio 2	
Tuesday	17:10 - 18:10	Get Active	All Levels	Studio 2	
Tuesday	18:15 - 19:15	DL Kids Street Dance	All Levels	Studio 2	
Wednesday	16:00 - 17:01	DL Kids Tri Golf Beginners	Beginner	Bad Crt 1	
Wednesday	17:01 - 18:02	DL Kids Trampolining Beginners	Beginner	Ind Crt 4	
Wednesday	18:00 - 19:00	DL Kids Trampolining Advanced	Advanced	Bad Crt 4	
Thursday	17:00 - 18:00	DL Kids Golf	All Levels	Bad Crt 1	
Thursday	18:00 - 19:00	DL Kids Yoga	All Levels	Bad Crt 4	
Friday	09:30 - 10:31	Mini Dance	All Levels	Bad Crt 1	
Friday	17:30 - 18:30	Make & Create	All Levels	Meeting Rm	
Friday	17:30 - 18:30	Supervised Gym	All Levels	Family Gym	
Friday	18:30 - 19:30	DL Kids Badminton	All Levels	Bad Crt 1	
Saturday	09:30 - 10:30	Supervised Gym	All Levels	Family Gym	
Saturday	09:30 - 10:31	DL Kids Trampolining Beginners	Beginner	Bad Crt 1	
Saturday	10:30 - 11:30	DL Kids Trampolining	5-7 Years	Bad Crt 4	
Saturday	11:35 - 12:36	DL Kids Trampolining Intermediates	Intermediate	Bad Crt 4	
Saturday	17:30 - 18:15	Start Up	All Levels	Family Gym	
Sunday	09:29 - 10:30	Supervised Gym	All Levels	Family Gym	
Sunday	09:30 - 10:30	DL Kids Badminton	All Levels	Bad Crt 1	
Sunday	10:35 - 11:35	Multi Sports	All Levels	Bub Multi Crt 4	
Sunday	10:35 - 11:36	Mini Active	All Levels	Bad Crt 4	
Sunday	17:30 - 18:15	Start Up	All Levels	Family Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

LIFE. Be fit for it
DAVIDLLOYD.CO.UK