DAVID LLOYD LEISURE Hull - 01482 625 200

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Saturday	09:00 - 09:45	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Bad Crt 1-4	£
Saturday	10:00 - 11:00	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 1, 2	£
Saturday	10:00 - 11:00	All Star Tennis Yellow 3 (11-17yrs)	11-18 Years	Ind Crt 3	£

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Saturday	09:00 - 09:30	Parent & Child Swimming	All Levels	Pool	£
Saturday	09:30 - 10:00	ASA Swim Stage 1	All Levels	Pool	£
Saturday	10:00 - 10:30	ASA Swim Stage 3	All Levels	Pool	£
Saturday	10:30 - 10:45	Swim Allstars Assessment	All Levels	Pool	
Saturday	10:45 - 11:00	Swim Allstars Assessment	All Levels	Pool	
Saturday	11:00 - 11:30	ASA Swim Stage 4	All Levels	Pool	£
Saturday	11:30 - 12:00	ASA Swim Stage 2	All Levels	Pool	£

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	17:30 - 18:30	DL Kids Football	All Levels	DL Kids Rm - Part B, Ind Crt 7, Out Crt 2	£
Monday	18:30 - 19:30	DL Kids Football	All Levels	DL Kids Rm - Part C	£
Tuesday	08:30 - 17:30	Holiday Active - Full Day	All Levels	DL Kids Rm	£
Tuesday	10:00 - 10:45	Mini Dance	3-4 Years	DL Kids Rm - Part A	
Tuesday	12:30 - 17:30	Holiday Active - Short Day	All Levels	Func Rm	£
Tuesday	17:15 - 18:00	Lets Create	All Levels	DL Kids Rm - Part A	
Tuesday	17:15 - 18:15	Multi Sports	5-7 Years	DL Kids Rm - Part B	
Tuesday	18:00 - 20:00	DL Kids Movie Time	All Levels	DL Kids Rm - Part A	
Tuesday	18:30 - 19:30	Supervised Gym	12-13 Years	Gym	
Wednesday	08:30 - 17:30	Holiday Active - Full Day	All Levels	DL Kids Rm	£
Wednesday	12:30 - 17:30	Holiday Active - Short Day	All Levels	Func Rm	£
Wednesday	17:30 - 18:30	DL Kids Cricket (3-6yrs)		DL Kids Rm - Part A	£
Wednesday	18:30 - 19:30	DL Kids Cricket (7-14yrs)		DL Kids Rm - Part B, Ind Crt 7, Out Crt 2	£
Wednesday	18:30 - 19:30	Supervised Gym	12-13 Years	Gym	
Thursday	08:30 - 17:30	Holiday Active - Full Day	All Levels	DL Kids Rm	£
Thursday	12:30 - 17:30	Holiday Active - Short Day	All Levels	Func Rm	£
Friday	08:30 - 17:30	Holiday Active - Full Day	All Levels	Kids Zone	£
Friday	10:15 - 11:00	Lets Create	3-4 Years	DL Kids Rm - Part B	
Friday	12:30 - 17:30	Holiday Active - Short Day	All Levels	Func Rm	£
Friday	17:30 - 18:30	Family Welcome	All Levels	Func Rm	
Saturday	09:00 - 09:45	Mini Dance	3-4 Years	DL Kids Rm - Part A	
Saturday	09:00 - 09:45	Multi Sports	5-7 Years	DL Kids Rm - Part B	
Saturday	09:00 - 09:45	Multi Sports	8-11 Years	DL Kids Rm - Part C, Ind Crt 7, Out Crt 2	
Saturday	09:45 - 10:30	Make & Create	5-7 Years	DL Kids Rm - Part B	
Saturday	09:45 - 10:30	Make & Create	8-11 Years	DL Kids Rm - Part C, Ind Crt 7, Out Crt 2	
Saturday	10:30 - 11:15	Get Active	5-7 Years	DL Kids Rm - Part A	
Saturday	10:30 - 11:15	Get Active	8-11 Years	DL Kids Rm - Part C	
Saturday	11:15 - 12:15	Club Room Play	5-7 Years	DL Kids Rm - Part B	
Saturday	11:15 - 12:15	Club Room Play	8-11 Years	DL Kids Rm - Part C, Ind Crt 7, Out Crt 2	
Saturday	12:30 - 13:30	Family Welcome	All Levels	Func Rm	
Saturday	13:00 - 14:00	Supervised Gym	12-13 Years	Gym	
Sunday	10:00 - 10:30	Multi Sports	5-7 Years	DL Kids Rm - Part B	
Sunday	10:30 - 11:30	Get Active	5-7 Years	DL Kids Rm - Part B	
Sunday	13:00 - 14:00	Supervised Gym	12-13 Years	Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

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CL Class
CO Course

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