DAVID LLOYD LEISURE Hampton - 0845 230 9111

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Friday	09:30 - 13:30	All Stars Intensive	All Levels	Out Crt 6	£

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Friday	16:00 - 16:30	Holiday Intensive	All Levels	Ind Pool	£

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:00 - 17:00	Get Active	5-7 Years	Bad Crt 3	
Monday	16:00 - 17:00	Mini Active	3-4 Years	Wellness Studio	
Monday	16:00 - 17:00	Supervised Gym	8-11 Years	Gym	
Tuesday	16:00 - 17:00	Get Active	5-7 Years	Bad Crt 3	
Tuesday	16:00 - 17:00	Mini Dance	3-4 Years	Wellness Studio	
Tuesday	16:00 - 17:00	Multi Sports	8-11 Years	Bad Crt 2	
Tuesday	17:00 - 18:00	Get Active	8-11 Years	Bad Crt 2	
Tuesday	17:00 - 18:00	Lets Create	3-4 Years	Party Rm	
Tuesday	17:00 - 18:00	Multi Sports	5-7 Years	Bad Crt 3	
Tuesday	18:00 - 20:00	DL Kids Movie Time	All Levels	Conf Rm	
Wednesday	16:00 - 17:00	DL Kids Yoga	All Levels	Wellness Studio	
Wednesday	16:00 - 17:00	Get Active	8-11 Years	Bad Crt 2	
Wednesday	16:00 - 17:00	Mini Active	3-4 Years	Pilates Studio	
Wednesday	16:00 - 17:00	Multi Sports	5-7 Years	Bad Crt 3	
Wednesday	17:00 - 18:00	Get Active	5-7 Years	Bad Crt 3	
Wednesday	17:00 - 18:00	Imagine...(3-4yrs)	3-4 Years	Pilates Studio	
Wednesday	17:00 - 18:00	Multi Sports	8-11 Years	Bad Crt 2	
Thursday	16:00 - 17:00	Get Active	5-7 Years	Bad Crt 3	
Thursday	16:00 - 17:00	Mini Dance	3-4 Years	Wellness Studio	
Thursday	16:00 - 17:00	Supervised Gym	8-11 Years	Gym	
Thursday	17:30 - 19:30	DL Kids Club Night	All Levels	Conf Rm	
Friday	16:00 - 17:00	Lets Create	3-4 Years	Party Rm	
Friday	16:00 - 17:00	Make & Create	5-7 Years	Conf Rm	
Friday	16:00 - 17:00	Multi Sports	8-11 Years	Bad Crt 2	
Saturday	10:00 - 11:00	Get Active	5-7 Years	Bad Crt 3	
Saturday	10:00 - 11:00	Make & Create	8-11 Years	Conf Rm	
Saturday	10:00 - 11:00	Mini Active	3-4 Years	Bad Crt 2	
Saturday	11:00 - 12:00	Get Active	8-11 Years	Bad Crt 2	
Saturday	11:00 - 12:00	Lets Create	3-4 Years	Party Rm	
Saturday	11:00 - 12:00	Multi Sports	5-7 Years	Bad Crt 3	
Sunday	09:30 - 10:30	Get Active	5-7 Years	Bad Crt 3	
Sunday	09:30 - 10:30	Lets Create	3-4 Years	Party Rm	
Sunday	09:30 - 10:30	Supervised Gym	8-11 Years	Gym	
Sunday	10:30 - 11:30	Make & Create	5-7 Years	Conf Rm	
Sunday	10:30 - 11:30	Mini Active	3-4 Years	Bad Crt 2	
Sunday	10:30 - 11:30	Supervised Gym	All Levels	Gym	
Sunday	10:30 - 12:30	DL Kids Karate	All Levels	Main Studio	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

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PR Pay Reception
CL Class
CO Course

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