DAVID LLOYD LEISURE Glasgow West End - 0141 586 9090

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	17:00 - 18:00	All Star Tennis Green Development Squad 1	10 Years	Ind Crt 1, 2 & 3	
Monday	17:00 - 18:00	Badminton Allstars Red Development Squad	All Levels	Bad Crt 1-4	
Monday	18:00 - 19:00	All Star Tennis Yellow 1 (11-17yrs)	11-18 Years	Ind Crt 1, 2	
Monday	18:00 - 19:00	Badminton Allstars Green Development Squad	10 Years	Bad Crt 3, 4	
Monday	18:00 - 19:00	Badminton Allstars Orange Development Squad	8-9 Years	Bad Crt 1, 2	
Monday	19:00 - 20:30	All Star Tennis Yellow Development Squad 1	11-18 Years	Ind Crt 7, 8	
Tuesday	16:15 - 17:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 3	
Tuesday	16:15 - 17:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Tuesday	17:00 - 18:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 1	
Tuesday	17:00 - 18:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 3	
Wednesday	17:00 - 18:00	All Star Tennis Green Development Squad 1	10 Years	Ind Crt 1, 2 & 3	
Wednesday	18:00 - 19:00	All Star Tennis Yellow 1 (11-17yrs)	11-18 Years	Ind Crt 1, 2	
Wednesday	19:00 - 20:30	All Star Tennis Yellow Development Squad 1	11-18 Years	Ind Crt 7, 8	
Thursday	16:00 - 16:45	Tots (3-5yrs)	3-5 Years	Bad Crt 3	
Thursday	16:15 - 17:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 3	
Thursday	16:15 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Thursday	16:45 - 17:30	Tots (3-5yrs)	3-5 Years	Bad Crt 3	
Thursday	17:00 - 18:00	All Star Tennis Green 1 (10yrs)	10 Years	Ind Crt 3	
Thursday	17:00 - 18:00	All Star Tennis Orange 2 (8-9yrs)	8-9 Years	Ind Crt 2	
Thursday	17:00 - 18:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 1	
Friday	16:15 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Saturday	09:15 - 10:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Saturday	09:15 - 10:00	Tots (3-5yrs)	3-5 Years	Bad Crt 3	
Saturday	09:15 - 10:15	All Star Tennis Orange 2 (8-9yrs)	8-9 Years	Ind Crt 2, 3	
Saturday	10:15 - 11:00	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 2, 3	
Saturday	10:15 - 11:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Saturday	11:00 - 12:00	All Star Tennis Green 2 (10yrs)	10 Years	Ind Crt 1, 2	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Tuesday	13:00 - 14:00	Mini Active	All Levels	Kids Zone	
Tuesday	17:00 - 17:30	Family Gym (14+yrs)	14 Years +		
Tuesday	17:00 - 17:30	Family Welcome	All Levels		
Tuesday	17:00 - 17:45	DL Kids Cheerleading Beginners	Beginner	Kids Studio	
Tuesday	18:00 - 18:45	DL Kids Street Dance	All Levels	Kids Studio	
Wednesday	17:00 - 17:45	Lets Create	All Levels	Kids Zone	
Wednesday	17:00 - 17:45	Make & Create	All Levels		
Wednesday	18:00 - 19:00	DL Kids Trampolining Beginners	Beginner	Bad Crt 3, 4	
Thursday	09:30 - 10:30	Mini Active	All Levels	Kids Studio	
Thursday	17:00 - 18:00	DL Kids Football (3-4yrs)	3-4 Years	Bad Crt 1, 2	
Thursday	17:00 - 18:00	DL Kids Trampolining Beginners	Beginner	Bad Crt 3, 4	
Thursday	18:00 - 19:00	DL Kids Football	All Levels	Bad Crt 3, 4	
Thursday	18:00 - 19:00	DL Kids Trampolining Beginners	Beginner	Bad Crt 3	
Friday	16:30 - 17:30	DL Kids Basketball Beginners	Beginner	Bad Crt 1-4	
Friday	16:30 - 17:30	Mini Active	All Levels	Kids Studio	
Friday	18:00 - 18:30	Family Gym (14+yrs)	14 Years +		
Friday	18:00 - 19:30	DL Kids Badminton	All Levels	Bad Crt 1-4	
Friday	18:00 - 19:30	DL Kids Movie Time	All Levels		
Saturday	09:00 - 10:00	DL Kids Trampolining Beginners	Beginner	Bad Crt 1-4	
Saturday	10:00 - 11:00	DL Kids Trampolining Beginners	Beginner	Bad Crt 1-4	
Saturday	11:15 - 12:00	DL Kids Rugby	All Levels	Bad Crt 3, 4	
Saturday	11:15 - 12:00	Mini Active	All Levels	Bad Crt 1, 2	
Saturday	12:00 - 12:45	Lets Create	All Levels	Kids Zone	
Saturday	12:00 - 12:45	Make & Create	All Levels		
Sunday	10:00 - 10:30	Family Gym (14+yrs)	14 Years +		
Sunday	10:00 - 10:30	Family Welcome	All Levels		
Sunday	11:00 - 11:45	DL Kids Football	All Levels	Bad Crt 1-4	
Sunday	12:00 - 13:00	DL Kids Football	All Levels	Bad Crt 1-4	
Sunday	13:00 - 14:00	Imagine...(3-4yrs)	3-4 Years	Bad Crt 1-4	
Sunday	13:15 - 14:00	Aqua Splash	All Levels		
Sunday	13:15 - 14:00	DL Kids Karate	All Levels	Studio 1	
Sunday	14:00 - 15:01	DL Kids Karate	All Levels	Studio 1	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
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CL Class
CO Course

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