DAVID LLOYD LEISURE Glasgow Renfrew - 0141 842 1400

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	17:00 - 18:00	All Star Tennis Yellow Development Squad 1	11-18 Years	Ind Crt 7, 8	
Tuesday	17:00 - 18:00	Badminton Allstars Green Development Squad	10 Years		
Tuesday	17:00 - 18:00	Badminton Allstars Orange Development Squad	8-9 Years		
Tuesday	17:00 - 18:00	Badminton Allstars Red Development Squad	All Levels	Bad Crt 1-4	
Tuesday	18:00 - 19:00	Badminton Allstars Green Development Squad	10 Years		
Tuesday	18:00 - 19:00	Badminton Allstars Orange Development Squad	8-9 Years		
Tuesday	18:00 - 19:00	Badminton Allstars Red Development Squad	All Levels	Bad Crt 1-4	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:15 - 16:45	ASA Swim Stage 2	All Levels		£
Monday	16:50 - 17:20	ASA Swim Stage 3	All Levels		£
Monday	17:25 - 17:55	ASA Swim Stage 4	All Levels		£
Tuesday	17:40 - 18:25	Swim Club	All Levels		£
Tuesday	18:30 - 19:30	Swim Club	All Levels		£
Wednesday	16:15 - 16:45	ASA Swim Stage 1	All Levels		£
Wednesday	16:50 - 17:20	ASA Swim Stage 2	All Levels		£
Wednesday	17:25 - 17:55	ASA Swim Stage 3	All Levels		£
Thursday	16:15 - 17:00	ASA Swim Stage 5	All Levels		£
Thursday	17:05 - 17:50	ASA Swim Stage 6	All Levels		£
Thursday	17:55 - 18:40	ASA Swim Stage 7	All Levels		£

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	13:30 - 14:00	Baby Massage	All Levels	Studio 2	
Monday	16:30 - 17:30	Get Active	All Levels	Studio 1	
Monday	16:30 - 17:30	Mini Active	3-4 Years	Studio 2	
Monday	17:00 - 17:55	Start Up	All Levels		
Tuesday	10:00 - 10:55	Parent & Tots Free Play	All Levels	Sq Crt 4	
Tuesday	10:00 - 11:00	Bouncy Castle	All Levels	Sq Crt 3	
Tuesday	16:15 - 17:00	Bouncy Castle	All Levels	Sq Crt 1	
Wednesday	10:00 - 10:30	Mini Active	All Levels	Ind Crt 5	
Wednesday	10:30 - 11:00	Lets Create	All Levels	Ind Crt 5	
Wednesday	17:00 - 17:45	Family Splash	All Levels		
Wednesday	17:00 - 17:55	Start Up	All Levels		
Thursday	16:00 - 16:45	DL Kids Football (3-4yrs)	3-4 Years	Ind Crt 5, 6	
Thursday	16:45 - 17:45	DL Kids Football	8-11 Years		
Friday	16:30 - 17:00	Multi Sports	5-7 Years		
Friday	16:30 - 17:30	Imagine...(3-4yrs)	3-4 Years	Studio 2	
Friday	17:00 - 17:55	Start Up	All Levels		
Friday	18:00 - 19:00	DL Kids Badminton Beginners	Beginner		
Friday	18:00 - 19:00	DL Kids Cheerleading Beginners	Beginner		
Friday	18:00 - 19:30	DL Kids Movie Time	All Levels	Func Rm	
Saturday	10:00 - 10:45	Bouncy Castle	All Levels	Sq Crt 1	
Saturday	11:00 - 11:55	Lets Create	All Levels	Sq Crt 1	
Saturday	11:30 - 12:15	Family Welcome	All Levels	Rec	
Saturday	13:00 - 13:45	Start Up Cycle	All Levels		
Saturday	13:00 - 14:00	Mini Active	All Levels	Studio 2	
Saturday	13:00 - 15:00	DL Kids Event/Party	All Levels	Ind Crt 5, 6	
Saturday	14:00 - 15:00	DL Kids Judo Beginners	Beginner	Studio 1	
Saturday	15:00 - 16:00	DL Kids Judo Intermediates	Intermediate	Studio 1	
Sunday	10:00 - 10:55	DL Kids Karate	8-11 Years	Func Rm	
Sunday	11:00 - 11:55	DL Kids Karate	5-7 Years	Func Rm	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

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