DAVID LLOYD LEISURE Enfield - 0208 364 5858

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:15 - 17:00	Tots (3-5yrs)	3-5 Years	Ind Crt 1	£
Monday	16:15 - 17:00	Tots (3-5yrs)	3-5 Years	Ind Crt 1	£
Monday	17:00 - 18:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Monday	17:00 - 18:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 2	£
Tuesday	16:15 - 17:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Tuesday	17:00 - 18:00	All Star Tennis Orange 1 (8-9yrs)	8-9 Years	Ind Crt 1	£
Tuesday	17:00 - 18:00	All Star Tennis Red Development Squad 2	8 Years & Under	Ind Crt 2	£
Tuesday	18:00 - 19:30	All Star Tennis Yellow Performance Team	11-17 Years	Ind Crt 1	£
Wednesday	16:00 - 16:45	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Wednesday	17:00 - 18:00	All Star Tennis Yellow 3 (11-17yrs)	11-17 Years	Ind Crt 1	£
Saturday	09:30 - 10:15	Tots (3-5yrs)	3-5 Years	Ind Crt 1	
Saturday	10:30 - 11:30	All Star Tennis Orange 3 (8-9yrs)	8-9 Years		£
Saturday	10:30 - 11:30	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Saturday	10:30 - 11:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 2	£
Saturday	11:30 - 12:30	All Star Tennis Orange Development Squad 1	8-9 Years	Ind Crt 1	£
Saturday	11:30 - 12:30	All Star Tennis Yellow 2 (11-17yrs)	11-17 Years	Ind Crt 2	£
Saturday	13:00 - 14:00	All Star Tennis Yellow Development Squad 1	11-17 Years	Ind Crt 1	£
Sunday	10:00 - 11:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Sunday	11:00 - 12:00	All Star Tennis Green Performance Team	10 Years		£
Sunday	11:00 - 12:00	All Star Tennis Orange Performance Team	8-9 Years	Ind Crt 1	£

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

LIFE. Be fit for it
DAVIDLLOYD.CO.UK

DAVID LLOYD LEISURE Enfield - 0208 364 5858

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

SWIMMING

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Wednesday	18:30 - 19:00	Swim Allstars Assessment	All Levels	Pool	

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

LIFE. Be fit for it
DAVIDLLOYD.CO.UK

DAVID LLOYD LEISURE - Enfield - 0208 364 5858

DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	17:00 - 17:45	FIT Cycle	11+ years	Spin Area	
Wednesday	16:30 - 17:15	Mini Dance	All Levels	Func Rm	
Wednesday	16:30 - 17:15	Multi Sports	8-11 Years	Bad Crt 2	
Wednesday	16:30 - 17:30	Get Active	5-7 Years	Bad Crt 3	
Wednesday	17:30 - 18:30	Club Room Play	All Levels	Activity Rm 2	
Saturday	09:30 - 10:15	Lets Create	3-4 Years	Activity Rm 1	
Saturday	09:30 - 10:15	Multi Sports	8-11 Years	Bad Crt 4	
Saturday	09:30 - 10:30	Family Circuits	12-13 Years	Studio 2	
Saturday	09:30 - 10:30	Make & Create	5-7 Years	Activity Rm 2	
Saturday	09:30 - 10:30	Multi Sports	8-11 Years	Bad Crt 4	
Saturday	10:30 - 11:15	Mini Active	3-4 Years	Activity Rm 1	
Saturday	10:30 - 11:30	Get Active	5-7 Years	Bad Crt 3	
Saturday	10:30 - 11:30	Get Active	5-7 Years	Bad Crt 3	
Saturday	10:30 - 11:30	Make & Create	8-11 Years	Activity Rm 2	
Saturday	12:30 - 13:00	Family Welcome	All Levels		
Saturday	12:30 - 13:15	Family Welcome	All Levels	Ind Crt 1	
Sunday	10:00 - 11:00	Get Active	5-7 Years	Bad Crt 2	
Sunday	10:00 - 11:00	Multi Sports	8-11 Years	Bad Crt 4	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

LIFE. Be fit for it
DAVIDLLOYD.CO.UK