



DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 10:15	Yoga Bugs Beginners	Beginner	Studio 2	
Monday	09:30 - 10:30	Get Active	All Levels	Kids Zone 1	
Monday	16:00 - 16:45	DL Kids Tag Rugby	All Levels	Kids Zone	
Monday	16:00 - 16:45	Lets Create	3-4 Years	High 5 Rm	
Monday	17:00 - 17:45	Family Cycle	8-11 Years	Cycling Area	
Monday	17:00 - 17:45	Make & Create	5-7 Years	High 5 Rm	
Monday	17:00 - 17:45	Mini Active	3-4 Years	Kids Zone	
Monday	17:00 - 17:45	Supervised Gym	All Levels	Gym	
Monday	17:00 - 17:45	Yoga Bugs	All Levels	Studio 1	
Monday	18:00 - 18:45	Family Circuits	8-11 Years	Kids Zone	
Tuesday	09:30 - 10:30	Get Active	All Levels	Kids Zone 1	
Tuesday	10:00 - 10:45	Mini Active	All Levels	Sq Crt 2	
Tuesday	11:00 - 11:45	Mini Active	Under 3 Years	Sq Crt 2	
Tuesday	12:15 - 12:45	Club Room Play	All Levels	Restaurant	
Tuesday	13:00 - 13:55	Imagine	All Levels	High 5 Rm	
Tuesday	16:00 - 16:45	DL Kids Tae Kwon Do	All Levels	Studio 1	
Tuesday	16:45 - 17:30	DL Kids Tae Kwon Do Beginners	Beginner	Studio 1	
Tuesday	17:00 - 17:45	Supervised Gym	All Levels	Gym	
Tuesday	17:00 - 17:55	DL Kids Basketball	All Levels	Kids Zone	
Tuesday	17:00 - 18:00	Baby Yoga	All Levels	Studio 2	
Wednesday	09:30 - 10:30	Get Active	All Levels	Kids Zone 1	
Wednesday	16:00 - 16:45	DL Kids Tag Rugby	5-7 Years	Kids Zone 1	
Wednesday	16:00 - 16:45	DL Kids Tag Rugby	3-4 Years	Kids Zone 2	
Wednesday	17:00 - 17:45	DL Kids Football	5-7 Years	Kids Zone 1	
Wednesday	17:00 - 17:45	DL Kids Table Tennis	8-11 Years	Kids Zone 2	
Wednesday	17:00 - 17:45	Imagine...(3-4yrs)	3-4 Years	High 5 Rm	
Wednesday	19:00 - 19:45	Supervised Gym	All Levels	Gym	
Thursday	16:00 - 16:45	DL Kids Badminton Beginners	Beginner	Bad Crt 3, 4	
Thursday	16:00 - 16:45	Get Active	All Levels	Kids Zone 1	
Thursday	16:00 - 16:45	Mini Active	3-4 Years	Kids Zone 2, Location 1	
Thursday	16:00 - 16:45	Supervised Gym	All Levels	Gym	
Thursday	17:00 - 17:45	Lets Create	3-4 Years	High 5 Rm	
Thursday	17:00 - 17:45	Multi Sports	5-7 Years	Kids Zone 2	
Thursday	17:00 - 18:00	DL Kids Football	8-11 Years	Kids Zone 1	
Friday	09:30 - 10:30	Get Active	All Levels	Kids Zone 1	
Friday	10:15 - 10:45	Lets Create	All Levels	Creche	
Friday	11:00 - 11:45	Mini Dance	3-4 Years	Studio 2	
Friday	11:45 - 12:30	Mini Active	Under 3 Years	Studio 2	
Friday	16:30 - 17:15	Mini Dance	All Levels	Studio 2	
Friday	16:30 - 17:25	DL Kids Club Night	All Levels	Kids Zone 1	
Friday	17:00 - 17:45	Family Circuits	8-11 Years	Kids Zone	
Friday	17:30 - 18:15	Supervised Gym	All Levels	Gym	
Friday	17:30 - 18:30	DL Kids Netball Beginners	Beginner	Kids Zone 1	
Saturday	09:00 - 09:55	Family Circuits	All Levels	Kids Zone, Kids Zone 1	
Saturday	10:00 - 10:55	Multi Sports	8-11 Years	Kids Zone 2	
Saturday	10:00 - 11:00	Lets Create	3-4 Years	High 5 Rm	

**KEY**

- £ Additional fee for this class
- \* Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course

