

DAY	TIME	ACTIVITY	CATEGORY	LOCATION	AGE / LEVEL	KEY
Monday	09.30-12.30	Asquith Crèche	Crèche	Creche	(Under 3's) & (3-4's)	* £
Monday	09.30-10.25	Tots Yoga	Coaching	Studio 2	Contact Reception	*
Monday	16.00-16.45	Let's Create	Play	Lodge Room 1	(3-4's)	
Monday	16.00-16.45	Tag Rugby	Coaching	Kids Zone	Contact Reception	
Monday	16.00-16.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Monday	17.00-17.45	Mini Active	Play	Kids Zone	(under 3's)	
Monday	17.00-17.45	Make and Create	Active	Lodge Room 1	(5-7's)	
Monday	17.00-17.45	Yoga/Yoga Bugs	Coaching	Studio 1	Contact Reception	
Monday	17.00-17.45	Family Cycle	Fitness	Keiser Studio	Family	*
Monday	18.00-18.45	Family Circuits	Fitness	Kids Zone	Family	*
Tuesday	09.30-12.30	Asquith Crèche	Crèche	Creche	(Under 3's) & (3-4's)	*£
Tuesday	10.00-10.45	Mini Active	Play	Squash Courts	(under 3's)	P
Tuesday	11.00-11.45	Mini Active	Play	Squash Courts	(Under 3's) & (3-4's)	P
Tuesday	12.15-12.45	Club Room Play	Misc	Kids Area		P
Tuesday	13.00-13.55	Imagine	Play	Lodge Room 1	(3-4's)	
Tuesday	16.00-16.45	Tae Kwon Do	Coaching	Studio 1	Contact Reception	
Tuesday	16.00-16.45	Start Up Circuits	Fitness	Studio 2	(8-11 & 12-13's)	
Tuesday	16.45-17.30	Tae Kwon Do	Coaching	Studio 1	Contact Reception	
Tuesday	17.00-17.45	Yoga/Yoga Bugs	Coaching	Studio 2	Contact Reception	
Tuesday	17.00-17.45	Cricket/Kwik Cricket	Coaching	Kids Zone	Contact Reception	
Tuesday	17.00-17.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Tuesday	18.00-19.00	Basketball	Coaching	Kids Zone	Contact Reception	*
Wednesday	09.30-12.30	Asquith Crèche	Crèche	Creche	(Under 3's) & (3-4's)	*£
Wednesday	16.00-16.45	Tots Football	Coaching	Badminton Courts	Contact Reception	
Wednesday	16.00-16.45	Football	Coaching	Badminton Courts	Contact Reception	
Wednesday	16.00-16.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Wednesday	17.00-17.45	Let's Create	Play	Lodge Room 1	(3-4's)	
Wednesday	17.00-17.45	Uni Hoc	Coaching	Kids Zone	Contact Reception	
Wednesday	17.00-17.45	Table Tennis	Coaching	Badminton Courts	Contact Reception	
Wednesday	18.00-18.55	Start Up Cycle	Fitness	Keiser Studio	(12-13 & 14-15's)	
Thursday	16.00-16.45	Mini Dance	Play	Studio 2	(3-4's)	
Thursday	16.00-16.45	Get Active	Active	Kids Zone	(5-7's)	
Thursday	16.00-16.45	Tag Rugby	Coaching	Kids Zone	Contact Reception	
Thursday	17.00-17.45	Multi Sports	Active	Kids Zone	(5-7's)	
Thursday	17.00-17.45	Football	Coaching	Kids Zone	Contact Reception	
Thursday	17.00-17.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Thursday	19.00-19.55	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	*
Friday	09.30-12.30	Asquith Crèche	Crèche	Creche	(Under 3's) & (3-4's)	*£
Friday	11.00-11.45	Mini Dance	Play	Squash Court	(Under 3's) & (3-4's)	P
Friday	12.00-12.45	Let's Create	Play	Lodge Room 1	(Under 3's) & (3-4's)	P
Friday	16.00-16.45	Mini Dance	Play	Studio 2	(3-4's)	
Friday	16.00-16.45	Drama	Coaching	Studio 1	Contact Reception	
Friday	16.00-16.45	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Friday	17.00-17.45	Imagine	Play	Lodge Room 1	(3-4's)	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching) Club Fitness (Fitness)
 Club Crèche (Crèche) Club Water Activities (Water)
 Club Play (Play) Other Kids Activities & Parties (Misc)
 Club Active (Active)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional Fees for this class
 P Classes require parental supervision at all times
 * Child activities that coincide with adult classes
 Swim and Tennis All Stars programmes run during term time only.
 Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.

