DAVID LLOYD LEISURE Dundee - 01382 537500

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:30 - 17:30	All Stars Tennis Orange 3	8-9 Years	Ind Crt 6	
Monday	17:30 - 18:30	All Stars Tennis Red 3	8 Years & Under	Ind Crt 4, 5	£
Monday	17:30 - 18:30	All Stars Tennis Yellow 3	11-18 Years	Ind Crt 6	
Tuesday	15:45 - 16:45	All Stars Tennis Red 3	8 Years & Under	Ind Crt 4	£
Wednesday	15:45 - 16:45	All Stars Tennis Red 3	8 Years & Under	Ind Crt 4	£
Wednesday	16:45 - 17:45	All Stars Tennis Red 3	8 Years & Under	Ind Crt 4	£
Wednesday	17:45 - 18:45	All Stars Tennis Orange 3	8-9 Years	Ind Crt 4	
Thursday	16:30 - 18:30	All Stars Tennis Yellow 3	11-18 Years		
Thursday	17:30 - 18:30	All Stars Tennis Yellow 3	11-18 Years		
Thursday	17:30 - 18:30	All Stars Tennis Yellow 3	11-18 Years	Ind Crt 2, 3,5 & 6	
Friday	16:30 - 17:30	All Stars Tennis Red 3	8 Years & Under	Ind Crt 4	£
Friday	17:30 - 18:30	All Stars Tennis Yellow 3	11-18 Years		
Friday	17:30 - 18:30	All Stars Tennis Yellow 3	11-18 Years	Ind Crt 5, 6	
Friday	17:30 - 19:30	All Stars Tennis Yellow 3	11-18 Years		
Saturday	09:00 - 10:00	All Stars Tennis Red 2	8 Years & Under	Ind Crt 5	
Saturday	09:00 - 10:00	All Stars Tennis Red 3	8 Years & Under	Ind Crt 4	£
Saturday	09:00 - 10:00	Tots	3-5 Years	Bad Crt 2	
Saturday	09:00 - 10:00	Tots	3-5 Years	Ind Crt 3	
Saturday	10:00 - 11:00	All Star Tennis Green 3 (10yrs)	10 Years	Ind Crt 2	
Saturday	10:00 - 11:00	All Star Tennis Green 3 (10yrs)	10 Years	Ind Crt 2	
Saturday	10:00 - 11:00	All Star Tennis Green 3 (10yrs)	10 Years	Ind Crt 2	
Saturday	10:00 - 11:00	All Star Tennis Green 3 (10yrs)	10 Years	Ind Crt 2	
Saturday	10:00 - 11:00	All Stars Tennis Green 2	10 Years		
Saturday	10:00 - 11:00	All Stars Tennis Green 3	10 Years		
Saturday	10:00 - 11:00	All Stars Tennis Green 3	10 Years	Ind Crt 1	
Saturday	10:00 - 11:00	All Stars Tennis Green 3	10 Years	Ind Crt 3	
Saturday	10:00 - 11:00	All Stars Tennis Orange 3	8-9 Years	Ind Crt 4	
Saturday	10:00 - 11:00	All Stars Tennis Orange 3	8-9 Years	Ind Crt 5	
Saturday	11:00 - 12:00	All Stars Tennis Orange 3	8-9 Years	Ind Crt 4	
Saturday	11:00 - 12:00	All Stars Tennis Orange 3	8-9 Years	Ind Crt 5	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	15:30 - 16:00	Mini Active	All Levels	Bad Crt 1	
Monday	16:00 - 16:30	DL Kids Athletics	3-4 Years	Bad Crt 1	£
Monday	17:00 - 18:00	Multi Sports	5-7 Years	Bad Crt 1	
Monday	18:00 - 19:01	Supervised Gym	All Levels	Gym	
Monday	19:00 - 20:00	DL Kids Badminton	All Levels	Bad Crt 1	£
Tuesday	13:15 - 14:00	DL Kids Gymnastics	All Levels	Bad Crt 1	£
Tuesday	15:30 - 16:00	DL Kids Football	All Levels	Bad Crt 1	£
Tuesday	16:00 - 16:30	DL Kids Basketball	All Levels	Bad Crt 1	£
Tuesday	16:30 - 17:00	Multi Sports	All Levels	Bad Crt 1	
Tuesday	20:00 - 22:00	DL Kids Table Tennis Intermediates	Intermediate	Bad Crt 1, 2	
Wednesday	15:30 - 16:00	Mini Active	All Levels	Bad Crt 1	
Wednesday	16:00 - 16:30	DL Kids Rugby	All Levels	Bad Crt 1	£
Wednesday	16:30 - 17:00	DL Kids Football	All Levels	Bad Crt 1	£
Wednesday	17:00 - 18:00	DL Kids Football	All Levels	Bad Crt 1	£
Wednesday	18:00 - 19:01	Supervised Gym	All Levels	Gym	
Wednesday	19:00 - 20:00	DL Kids Cricket	All Levels	Bad Crt 1	£
Thursday	10:00 - 10:45	DL Kids Gymnastics	All Levels	Bad Crt 1	£
Thursday	15:30 - 16:00	Mini Active	All Levels	Bad Crt 1	
Thursday	16:00 - 16:30	DL Kids Basketball	All Levels	Bad Crt 1	£
Thursday	16:30 - 17:00	DL Kids Football	All Levels	Bad Crt 1	£
Thursday	17:30 - 18:00	DL Kids Table Tennis	All Levels	Bad Crt 1	£
Thursday	18:00 - 19:00	DL Kids Badminton	All Levels	Bad Crt 1	£
Friday	10:00 - 10:45	DL Kids Gymnastics	All Levels	Bad Crt 1	£
Friday	10:45 - 11:30	DL Kids Gymnastics	All Levels	Bad Crt 1	£
Friday	15:45 - 16:30	DL Kids Street Dance	All Levels	Studio	£
Friday	16:00 - 17:01	DL Kids Gymnastics	All Levels	Bad Crt 1	£
Friday	16:30 - 17:30	DL Kids Street Dance	All Levels	Studio	£
Friday	17:00 - 18:01	Start Up Circuits	All Levels	Gym	
Friday	18:00 - 19:00	DL Kids Rounders	All Levels	Bad Crt 1	£
Friday	19:00 - 20:00	DL Kids Football	All Levels	Bad Crt 1	£
Saturday	10:00 - 11:00	DL Kids Football (3-4yrs)	3-4 Years	Bad Crt 1	£
Saturday	11:00 - 12:00	Mini Active	3-4 Years	Bad Crt 1	
Saturday	12:00 - 13:00	Multi Sports	5-7 Years	Bad Crt 1	
Sunday	10:00 - 11:00	Mini Active	3-4 Years	Bad Crt 1	
Sunday	11:00 - 12:00	Multi Sports	5-7 Years	Bad Crt 1	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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