DAVID LLOYD LEISURE Dartford - 01322 295950

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	18:30 - 19:30	All Star Tennis Yellow Performance Team	11-17 Years	Ind Crt 4	£
Wednesday	16:00 - 16:30	Tots (3-5yrs)	3-5 Years	Ind Crt 3, 4	£
Wednesday	16:30 - 17:30	All Star Tennis Orange 2 (8-9yrs)	8-9 Years	Ind Crt 3, 4	£
Wednesday	16:30 - 17:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1, 2	£
Thursday	17:30 - 18:30	All Star Tennis Green 3 (10yrs)	10 Years	Ind Crt 3, 4	£
Thursday	18:30 - 19:30	All Star Tennis Yellow Performance Team	11-17 Years	Ind Crt 3, 4	£
Friday	16:00 - 17:00	All Star Tennis Red 1 (8yrs & Under)	8 Years & Under	Ind Crt 3, 4	£
Friday	17:00 - 18:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 3, 4	£
Saturday	09:45 - 10:30	Tots (3-5yrs)	3-5 Years	Ind Crt 3, 4	£
Saturday	10:30 - 11:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 3, 4	£
Saturday	11:30 - 12:30	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 3, 4	£
Sunday	09:15 - 09:45	Tots (3-5yrs)	3-5 Years	Ind Crt 3, 4	£
Sunday	09:50 - 10:30	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 3, 4	£
Sunday	10:30 - 11:30	All Star Tennis Orange 2 (8-9yrs)	8-9 Years	Ind Crt 3, 4	£

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

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DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 10:25	Mini Active	3-4 Years	Creche	
Monday	09:30 - 11:30	Club Creche		Creche	£
Monday	17:00 - 17:30	Start Up	All Levels	Gym Desk	
Monday	17:15 - 18:00	Get Active	All Levels	Creche	
Monday	17:30 - 18:25	Supervised Gym	All Levels	Gym	
Monday	18:00 - 18:55	DL Kids Football	All Levels	Out Crt 10	
Tuesday	09:30 - 10:25	Lets Create	3-4 Years	Creche - Part B	
Tuesday	09:30 - 11:30	Club Creche		Creche	£
Tuesday	16:00 - 16:30	Tots Ballet	All Levels	Creche	£
Tuesday	17:00 - 17:45	FIT Circuits	11+ years		
Tuesday	19:00 - 20:00	DL Kids Ju Jitsu	All Levels	Creche - Part A	
Wednesday	09:30 - 10:25	Imagine...(3-4yrs)	3-4 Years	Creche - Part A	
Wednesday	09:30 - 11:30	Club Creche		Creche	£
Wednesday	16:15 - 17:00	DL Kids Street Dance	All Levels	Studio - Part A	
Wednesday	16:30 - 17:15	Make & Create	All Levels		
Wednesday	17:30 - 18:31	Supervised Gym	All Levels	Gym	
Wednesday	18:00 - 18:45	FIT Cycle	11+ years		
Thursday	19:00 - 20:00	DL Kids Ju Jitsu	All Levels	Creche - Part A	
Friday	09:30 - 10:30	Mini Active	3-4 Years	Creche & Creche - Part A	
Friday	09:30 - 11:30	Club Creche		Creche	£
Friday	14:00 - 14:30	Tots Ballet	All Levels	Creche	£
Friday	16:00 - 17:30	Drama	All Levels	Creche	
Friday	17:15 - 18:10	FIT Karate	11+ years		
Friday	17:30 - 18:31	Supervised Gym	All Levels	Gym	
Friday	18:00 - 18:55	DL Kids Football	All Levels	Out Crt 10	
Saturday	09:15 - 10:10	Lets Create	3-4 Years	Creche - Part A	
Saturday	10:00 - 10:55	DL Kids Ju Jitsu	All Levels		
Saturday	10:30 - 11:25	Mini Active	3-4 Years	Creche	
Saturday	10:30 - 11:30	DL Kids Basketball	All Levels	Outside, Sq Crt 3	
Saturday	11:00 - 11:45	DL Kids Gymnastics	All Levels		£
Saturday	11:30 - 12:31	Supervised Gym	All Levels	Gym	
Saturday	11:45 - 12:30	DL Kids Gymnastics	All Levels		£
Saturday	12:30 - 13:15	DL Kids Gymnastics	All Levels		£
Saturday	13:45 - 14:30	DL Kids Gymnastics	All Levels		£

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

LIFE. Be fit for it
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