





DAY	TIME	ACTIVITY	CATEGORY	LOCATION	AGE / LEVEL	KEY
Monday	09.30-11.30	Club Crèche	Crèche	Creche	(under 3's)	£/*
Monday	09.30-10.30	Mini Active	Play	Creche	(3-4's)	*
Monday	16.15-17.00	Baby Yoga	Coaching	Creche	Contact Reception	£/P/C
Monday	17.00-17.30	Start Up	Fitness	Gym	(12-13 & 14-15's)	P
Monday	17.00-17.45	Football	Coaching	Outside	Contact Reception	
Monday	17.30-18.15	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Monday	18.00-18.45	Get Active	Active	Creche	(5-7 & 8-11)	
Tuesday	09.30-11.30	Club Crèche	Crèche	Creche	(under 3's)	£/*
Tuesday	09.30-10.30	Let's Create	Play	Creche	(3-4's)	*
Tuesday	16.00-16.30	Ballet	Coaching	Creche	Contact Reception	£/C
Tuesday	16.30-17.00	Tap	Coaching	Creche	Contact Reception	£/C
Tuesday	17.00-17.45	Get Active	Active	Studio	(5-7 & 8-11)	
Tuesday	17.00-17.30	Start Up	Fitness	Gym	(12-13 & 14-15's)	P
Tuesday	17.30-18.15	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Tuesday	19.00-20.00	Ju Jitsu	Coaching	Creche	Contact Reception	*
Wednesday	09.30-11.30	Club Crèche	Crèche	Creche	(under 3's)	£/*
Wednesday	09.30-10.30	Mini Active	Play	Creche	(3-4's)	*
Wednesday	16.15-17.00	Judo	Coaching	Creche	Contact Reception	
Wednesday	16.15-17.00	Dance	Coaching	Studio	Contact Reception	
Wednesday	17.00-17.45	Start Up Cycle	Fitness	Gym	(8-11 & 12-13's)	*
Wednesday	17.00-18.00	Judo	Coaching	Creche	Contact Reception	
Wednesday	17.45-18.00	Get Active	Active	Creche	(5-7 & 8-11)	
Wednesday	17.30-18.15	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Thursday	10.30-11.15	Baby Massage	Coaching	Creche	Contact Reception	P/£/C
Thursday	11.30-12.30	Parent and Baby Coffee Morning	Misc	Creche		P/£
Thursday	13.00-13.45	Mini Active	Play	Creche	(Under 3's) & (3-4's)	P
Thursday	13.30-14.00	Ballet	Coaching	Creche	Contact Reception	£/C
Thursday	14.00-14.30	Tap	Coaching	Creche	Contact Reception	£/C
Thursday	16.00-16.45	Get Active	Active	Creche	(5-7 & 8-11)	
Thursday	16.00-16.45	Street Dance	Fitness	Studio	(8-11 & 12-13's)	
Thursday	16.00-16.30	Tap	Coaching	Creche	Contact Reception	£/C
Thursday	16.30-17.00	Ballet	Coaching	Creche	Contact Reception	£/C
Thursday	17.00-18.00	Karate	Coaching	Studio	Contact Reception	
Thursday	17.00-17.30	Dance	Coaching	Creche	Contact Reception	£/C
Thursday	17.30-18.15	Ballet	Coaching	Creche	Contact Reception	£/C
Thursday	18.00-18.45	Family Welcome	Misc	Lounge		
Thursday	18.15-18.45	Tap	Coaching	Creche	Contact Reception	£/C
Thursday	19.00-20.00	Ju Jitsu	Coaching	Creche	Contact Reception	*
Friday	09.30-11.30	Club Crèche	Crèche	Creche	(under 3's)	£/*
Friday	09.30-10.30	Let's Create	Play	Creche	(3-4's)	*
Friday	16.00-17.00	Drama	Coaching	Creche	All	
Friday	17.00-18.00	Drama	Coaching	Creche	All	
Friday	17.00-18.00	Karate	Coaching	Studio	Contact Reception	
Friday	17.30-18.15	Supervised Gym	Fitness	Gym	(12-13 & 14-15's)	
Friday	18.30-19.30	Football	Coaching	Outside	Contact Reception	
Saturday	09.30-10.30	Let's Create	Play	Creche	(Under 3's) & (3-4's)	P/*
Saturday	10.00-11.00	Ju Jitsu	Coaching	Creche	Contact Reception	*
Saturday	10.30-11.30	Mini Active	Play	Creche	(Under 3's) & (3-4's)	P/*

**DL KIDS ACTIVITY CATEGORIES**

- Club Coaching (Coaching)
- Club Crèche (Crèche)
- Club Play (Play)
- Club Active (Active)
- Club Fitness (Fitness)
- Club Water Activities (Water)
- Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

**KEY**

- £ Additional Fees for this class
- P Classes require parental supervision at all times
- \* Child activities that coincide with adult classes
- Swim and Tennis All Stars programmes run during term time only.
- Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.

