





DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:30 - 10:15	Lets Create	3-4 Years	Creche	
Monday	10:15 - 10:45	Mini Active	3-4 Years	Bad Crt 3	
Monday	11:00 - 11:30	Tots Gymnastics	Under 3 Years	Bad Crt 3, 4	
Monday	11:30 - 12:15	DL Kids Gymnastics Beginners	Beginner	Bad Crt 4	
Monday	16:45 - 17:30	Supervised Gym	All Levels	Gym	
Monday	17:00 - 18:00	DL Kids Trampoline Intermediates	Intermediate	Bad Crt 3, 4	
Monday	18:30 - 20:30	DL Kids Squash Advanced	Advanced	Sq Crt 1, 2	
Tuesday	16:30 - 17:15	DL Kids Gymnastics Intermediates	Intermediate	Bad Crt 3	
Tuesday	17:15 - 18:00	DL Kids Gymnastics	All Levels	Bad Crt 3	
Tuesday	17:15 - 18:00	Supervised Gym	All Levels	Gym	
Tuesday	18:00 - 19:00	Multi Sports	8-11 Years	Bad Crt 3	
Tuesday	18:00 - 19:00	Multi Sports	5-7 Years	Bad Crt 3, 4	
Wednesday	16:30 - 17:15	DL Kids Gymnastics Beginners	Beginner	Bad Crt 3, 4	
Wednesday	17:15 - 18:00	DL Kids Gymnastics Intermediates	Intermediate	Bad Crt 3, 4	
Wednesday	18:15 - 19:00	DL Kids Choir	All Levels	Creche	
Wednesday	18:15 - 19:00	Supervised Gym	All Levels	Gym	
Thursday	16:30 - 17:15	Multi Sports	All Levels	Ind Crt 7	
Thursday	17:15 - 18:00	Start Up Circuits	8-11 Years	Studio 1	
Thursday	18:00 - 19:01	Family Splash	All Levels	Ind Pool	
Friday	09:30 - 10:00	Mini Active	3-4 Years	Bad Crt 3	
Friday	10:15 - 11:00	Lets Create	3-4 Years	Creche	
Friday	11:00 - 11:45	DL Kids Gymnastics Beginners	Beginner	Bad Crt 4	
Friday	17:15 - 18:00	DL Kids Athletics	All Levels	Ind Crt 7	
Friday	18:00 - 19:00	DL Kids Athletics	All Levels	Ind Crt 7	
Friday	19:10 - 21:10	DL Kids Squash	All Levels	Sq Crt 1, 2	
Saturday	09:30 - 10:15	DL Kids Netball Beginners	Beginner	Bad Crt 3, 4	
Saturday	09:30 - 10:31	Lets Create	All Levels		
Saturday	10:00 - 11:00	DL Kids Football Intermediates	Intermediate	Football Pitch	
Saturday	10:15 - 11:00	DL Kids Netball Intermediates	Intermediate	Bad Crt 3, 4	
Saturday	10:30 - 11:15	Supervised Gym	All Levels	Gym	
Saturday	11:00 - 11:30	Family Welcome	All Levels	Club Rm	
Saturday	11:00 - 12:00	DL Kids Football Beginners	Beginner	Football Pitch	
Saturday	11:30 - 12:00	Family Welcome	All Levels	Ind Crt 3	
Saturday	12:00 - 12:45	Supervised Gym	All Levels	Gym	
Saturday	12:00 - 13:00	DL Kids Football Advanced	Advanced	Football Pitch	
Saturday	14:00 - 14:45	Mini Dance	All Levels	Dance Studio	
Saturday	14:45 - 15:15	Mini Dance	Under 3 Years	Studio	
Sunday	09:30 - 10:00	Tots Gymnastics	Under 3 Years	Bad Crt 3, 4	
Sunday	10:00 - 10:45	DL Kids Gymnastics Beginners	Beginner	Bad Crt 3, 4	
Sunday	10:45 - 11:30	DL Kids Gymnastics Intermediates	Intermediate	Bad Crt 3, 4	
Sunday	11:30 - 12:15	DL Kids Gymnastics	All Levels	Bad Crt 3, 4	
Sunday	11:30 - 12:15	Supervised Gym	All Levels	Gym	
Sunday	13:00 - 14:00	DL Kids Kwik Cricket Beginners	Beginner	Ind Crt 7	
Sunday	13:00 - 14:01	Family Splash	All Levels	Ind Pool	
Sunday	14:00 - 15:00	DL Kids Kwik Cricket Intermediates	Intermediate	Ind Crt 7	
Sunday	19:10 - 21:10	DL Kids Squash	All Levels	Sq Crt 1, 2	

**DL KIDS ACTIVITY CATEGORIES**

- Club Coaching (Coaching)
- Club Crèche (Crèche)
- Club Play (Play)
- Club Active (Active)
- Club Fitness (Fitness)
- Club Water Activities (Water)
- Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

**KEY**

- £ Additional fee for this class
- \* Adult class coincides with children's activity
- PP Pay Pro
- PR Pay Reception
- CL Class
- CO Course