DAVID LLOYD LEISURE - Cheam - 0208 786 3150

DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	09:00 - 17:00	Holiday Active - Full Day	All Levels		£
Monday	09:30 - 10:30	Make & Create	All Levels	Meeting Rm	
Monday	09:30 - 10:30	Mini Active	All Levels	MPH	
Monday	10:30 - 11:30	Lets Create	3-4 Years	Meeting Rm	
Monday	10:30 - 11:30	Multi Sports	All Levels	MPH	
Monday	17:30 - 18:00	Family Cycle	12-13 Years	Spin Area	
Tuesday	09:00 - 17:00	Holiday Active - Full Day	All Levels		£
Tuesday	09:30 - 10:30	Make & Create	All Levels	Meeting Rm	
Tuesday	09:30 - 10:30	Mini Active	All Levels	MPH	
Tuesday	10:30 - 11:30	Lets Create	3-4 Years	Meeting Rm	
Tuesday	10:30 - 11:30	Multi Sports	All Levels	MPH	
Tuesday	17:00 - 18:00	Supervised Gym	All Levels	Gym	
Wednesday	09:00 - 17:00	Holiday Active - Full Day	All Levels		£
Wednesday	09:30 - 10:30	Make & Create	All Levels	Meeting Rm	
Wednesday	09:30 - 10:30	Mini Active	All Levels	MPH	
Wednesday	10:30 - 11:30	Lets Create	3-4 Years	Meeting Rm	
Wednesday	10:30 - 11:30	Multi Sports	All Levels	MPH	
Wednesday	17:00 - 18:00	Family Circuits (14+yrs)	14 Years +	Gym 1	
Thursday	09:00 - 17:00	Holiday Active - Full Day	All Levels		£
Thursday	09:30 - 10:30	Make & Create	All Levels	Meeting Rm	
Thursday	09:30 - 10:30	Mini Active	All Levels	MPH	
Thursday	10:30 - 11:30	Lets Create	3-4 Years	Meeting Rm	
Thursday	10:30 - 11:30	Multi Sports	All Levels	MPH	
Thursday	17:00 - 18:00	Supervised Gym	All Levels	Gym	
Friday	09:00 - 17:00	Holiday Active - Full Day	All Levels		£
Friday	09:30 - 10:30	Make & Create	All Levels	Meeting Rm	
Friday	09:30 - 10:30	Mini Active	All Levels	MPH	
Friday	10:30 - 11:30	Lets Create	3-4 Years	Meeting Rm	
Friday	10:30 - 11:30	Multi Sports	All Levels	MPH	
Friday	17:00 - 17:45	Start Up	All Levels	Gym	
Saturday	09:30 - 10:30	Lets Create	3-4 Years	Meeting Rm	
Saturday	09:30 - 10:30	Multi Sports	All Levels	MPH	
Saturday	09:30 - 10:30	Supervised Gym	All Levels	Gym	
Saturday	10:30 - 11:30	Make & Create	All Levels	Meeting Rm	
Saturday	10:30 - 11:30	Mini Active	All Levels	MPH	
Sunday	10:00 - 11:00	Mini Active	All Levels	MPH	
Sunday	10:00 - 11:00	Multi Sports	All Levels	MPH	
Sunday	10:00 - 11:00	Supervised Gym	All Levels	Gym	
Sunday	11:00 - 11:30	DL Kids Uni Hoc Advanced	Advanced	MPH	
Sunday	11:30 - 12:00	Kids Splash	All Levels	Pool	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

LIFE. Be fit for it
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