

DAY	TIME	ACTIVITY	CATEGORY	LOCATION	AGE / LEVEL	KEY
Monday	09.30 - 11.30	Club Crèche	Crèche	Children's Activity Centre	(Under 3's) & (3-4's)	£ *
Monday	15.45 - 19.45	Ballet and Tap	Coaching	Children's Activity Centre	Contact Reception	£
Monday	16.00 - 16.45	Gymnastics	Coaching	Studio 1	Beginner	£
Monday	16.45 - 17.30	Gymnastics	Coaching	Studio 1	Improver	£
Monday	17.45 - 18.30	Trampolining	Coaching	Badmington Court 3	(5-7)	
Monday	18.30 - 19.00	Family Cycle	Fitness	Cycle Studio	(12-13 & 14-15's)	
Monday	18.30 - 19.30	Trampolining	Coaching	Badmington Court 3	(8-11)	
Monday	19.30 - 20.30	Trampolining	Coaching	Badmington Court 3	(12-13 & 14-15's)	
Tuesday	09.30 - 11.30	Club Crèche	Crèche	Children's Activity Centre	(Under 3's) & (3-4's)	£ *
Tuesday	15.45 - 18.30	Ballet and Production	Coaching	Children's Activity Centre	Contact Reception	£
Tuesday	16.00 - 16.45	Mini Music	Play	Children's Activity Centre	(3-4's)	
Tuesday	16.00 - 16.45	Get Active	Active	Studio 1	(5-7 & 8-11)	
Tuesday	17.00-18.00	Start Up Circuits	Fitness	Studio 1	(8-11 & 12-13's)	
Wednesday	09.30 - 11.30	Club Crèche	Crèche	Children's Activity Centre	(Under 3's) & (3-4's)	£ *
Wednesday	16.00 - 16.45	Gymnastics	Coaching	Studio 1	Beginner	£
Wednesday	16.00 - 16.45	Mini Active	Play	Children's Activity Centre	(3-4's)	
Wednesday	17.00 - 18.00	Multi Sports	Active	Children's Activity Centre	(5-7 & 8-11)	
Wednesday	18.00 - 19.00	Start Up 1	Fitness	Gym Floor	(12-13 & 14-15's)	*
Wednesday	18.00 - 19.00	Trampolining	Coaching	Badmington Court 3	Beginner	£ *
Wednesday	19.00 - 20.00	Trampolining	Coaching	Badmington Court 3	Improver	£ *
Thursday	09.30 - 10.30	Baby Yoga	Coaching	Children's Activity Centre	Contact Reception	£
Thursday	10.35 - 11.05	Parent and Baby Coffee Morning	Misc	Children's Activity Centre		
Thursday	16.00 - 16.45	Let's Create	Play	Children's Activity Centre	(3-4's)	
Thursday	16.00 - 16.45	Karate	Coaching	Studio 1	Beginner	
Thursday	16.45 - 17.30	Karate	Coaching	Studio 1	Improver	
Thursday	17.00 - 18.00	Make and Create	Active	Children's Activity Centre	(5-7 & 8-11)	
Thursday	17.00 - 18.00	Family Welcome	Misc	Children's Activity Centre		
Friday	09.30 - 11.30	Club Crèche	Crèche	Children's Activity Centre	(Under 3's) & (3-4's)	£ *
Friday	16.00 - 16.45	Nintendo Wii	Misc	Children's Activity Centre	All Age Groups	
Friday	18.00 - 19.30	DL Kids Club Night	Misc	Children's Activity Centre	All Age Groups	*
Saturday	09.15 - 10.00	Let's Create	Play	Children's Activity Centre	(3-4's)	*
Saturday	09.15 - 10.00	Make and Create	Active	Children's Activity Centre	(5-7 & 8-11)	*
Saturday	10.00 - 11.00	Football	Coaching	Outdoor Multisports Area	(5-7 & 8-11)	*
Saturday	11.00 - 12.00	Multi Sports	Active	Outdoor Multisports Area	(5-7 & 8-11)	*
Saturday	11.00 - 12.00	Start Up 2	Fitness	Gym Floor	(12-13 & 14-15's)	*
Saturday	12.00 - 13.00	Family Welcome	Misc	Children's Activity Centre		
Saturday	12.00 - 14.00	Birthday Parties	Misc	Children's Activity Centre	(5-11)	£
Saturday	15.00 - 17.00	Birthday Parties	Misc	Children's Activity Centre	(5-11)	£
Sunday	10.00 - 10.45	Imagine	Play	Children's Activity Centre	(3-4's)	*
Sunday	10.00 - 11.00	Multi Sports	Active	Children's Activity Centre	(5-7 & 8-11)	*
Sunday	11.00 - 12.00	Start Up 3	Fitness	Gym Floor	(12-13 & 14-15's)	*
Sunday	12.00 - 12.45	Supervised Gym	Fitness	Gym Floor	(8-11 & 12-13's)	
Sunday	12.00-14.00	Birthday Parties	Misc	Children's Activity Centre	(5-11)	£
Sunday	15.00-17.00	Birthday Parties	Misc	Children's Activity Centre	(5-11)	£
Sunday	18.00-20.00	DL Kids Movie Night	Misc	Children's Activity Centre	All Age Groups	*

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching) Club Fitness (Fitness)
 Club Crèche (Crèche) Club Water Activities (Water)
 Club Play (Play) Other Kids Activities & Parties (Misc)
 Club Active (Active)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

£ Additional Fees for this class
 P Classes require parental supervision at all times
 * Child activities that coincide with adult classes
 Swim and Tennis All Stars programmes run during term time only.
 Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.