

SWIMMING

DAY	TIME	ACTIVITY	LOCATION	AGE / LEVEL	KEY
Monday	15.30-16.00	ASA Stage 1	Indoor Pool	Contact Reception	E*
Monday	16.00-16.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Monday	16.00-16.30	ASA Stage 5	Indoor Pool	Contact Reception	E*
Monday	16.30-17.00	ASA Stage 5	Indoor Pool	Contact Reception	E*
Monday	16.30-17.00	ASA Stage 3	Indoor Pool	Contact Reception	E*
Monday	17.00-17.30	ASA Stage 3	Indoor Pool	Contact Reception	E*
Monday	17.00-17.30	ASA Stage 6	Indoor Pool	Contact Reception	E*
Monday	17.30-18.00	ASA Stage 1	Indoor Pool	Contact Reception	E*
Monday	17.30-18.00	ASA Stage 6	Indoor Pool	Contact Reception	E*
Monday	18.00-19.00	Swim Squads	Indoor Pool	Contact Reception	E*
Tuesday	10.00-10.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Tuesday	10.30-11.00	ASA Stage 1	Indoor Pool	Contact Reception	E*
Tuesday	11.00-11.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Tuesday	15.30-16.00	ASA Stage 2	Indoor Pool	Contact Reception	E*
Tuesday	16.00-16.30	ASA Stage 5	Indoor Pool	Contact Reception	E*
Tuesday	16.00-16.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Tuesday	16.30-17.00	ASA Stage 5	Indoor Pool	Contact Reception	E*
Tuesday	16.30-17.00	ASA Stage 6	Indoor Pool	Contact Reception	E*
Tuesday	17.00-17.30	ASA Stage 3	Indoor Pool	Contact Reception	E*
Tuesday	17.00-17.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Tuesday	17.30-18.00	ASA Stage 2	Indoor Pool	Contact Reception	E*
Tuesday	18.00-18.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Wednesday	10.00-10.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Wednesday	10.30-11.00	Pre School Stage 1	Indoor Pool	Contact Reception	E*
Wednesday	11.00-11.45	ASA Stage 1	Indoor Pool	Contact Reception	E*
Wednesday	15.30-16.00	ASA Stage 5	Indoor Pool	Contact Reception	E*
Wednesday	16.00-16.30	ASA Stage 2	Indoor Pool	Contact Reception	E*
Wednesday	16.00-16.30	ASA Stage 4	Indoor Pool	Contact Reception	E*
Wednesday	16.30-17.00	ASA Stage 5	Indoor Pool	Contact Reception	E*
Wednesday	16.30-17.00	ASA Stage 5	Indoor Pool	Contact Reception	E*
Wednesday	17.00-17.30	ASA Stage 6	Indoor Pool	Contact Reception	E*
Wednesday	17.00-17.30	ASA Stage 7	Indoor Pool	Contact Reception	E*
Wednesday	17.30-18.00	ASA Stage 7	Indoor Pool	Contact Reception	E*
Thursday	09.30-10.00	ASA Stage 2	Indoor Pool	Contact Reception	E*
Thursday	10.00-10.30	Parent and Baby	Indoor Pool	Contact Reception	E*P
Thursday	10.30-11.00	ASA Stage 1	Indoor Pool	Contact Reception	E*
Thursday	11.00-11.45	Parent and Baby	Indoor Pool	Contact Reception	E*
Thursday	15.30-16.00	ASA Stage 3	Indoor Pool	Contact Reception	E*
Thursday	16.00-16.30	ASA Stage 3	Indoor Pool	Contact Reception	E*
Thursday	16.00-16.30	ASA Stage 6	Indoor Pool	Contact Reception	E*
Thursday	16.30-17.00	ASA Stage 1	Indoor Pool	Contact Reception	E*
Thursday	16.30-17.00	ASA Stage 2	Indoor Pool	Contact Reception	E*
Thursday	17.00-17.30	ASA Stage 2	Indoor Pool	Contact Reception	E*
Thursday	17.00-17.30	ASA Stage 5	Indoor Pool	Contact Reception	E*
Thursday	17.30-18.00	ASA Stage 5	Indoor Pool	Contact Reception	E*
Thursday	18.00-18.30	ASA Stage 7	Indoor Pool	Contact Reception	E*
Friday	10.00-10.30	Parent and Baby	Indoor Pool	Contact Reception	E*
Friday	10.30-11.00	ASA Stage 1	Indoor Pool	Contact Reception	E*
Friday	11.00-11.30	ASA Stage 1	Indoor Pool	Contact Reception	E*
Friday	16.00-16.30	ASA Stage 2	Indoor Pool	Contact Reception	E*
Friday	16.30-17.00	ASA Stage 3	Indoor Pool	Contact Reception	E*
Friday	17.00-17.30	ASA Stage 5	Indoor Pool	Contact Reception	E*

ALLSTARS SWIM COACHING PROGRAMME

Our ASA endorsed All Stars Swim Programme is a high quality progressive coaching programme providing skill, development, fun, fitness and social interaction for children.

KEY

E Additional Fees for this class

P Classes require parental supervision at all times

* Child activities that coincide with adult classes

Swim and Tennis All Stars programmes run during term time only.

Please note that all classes on the programme for children under the age of three require parent/guardian supervision at all times - excluding the crèche, this service is chargeable.

