DAVID LLOYD LEISURE Bristol Westbury - 01179 597140

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	18:00 - 19:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 1	£
Monday	18:00 - 19:00	All Stars Tennis Yellow Performance Team	11-18 Years	Ind Crt 2	
Tuesday	16:00 - 17:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Tuesday	16:00 - 18:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 2	£
Tuesday	17:00 - 18:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Tuesday	18:00 - 19:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 1	£
Wednesday	16:00 - 18:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 2	
Wednesday	17:00 - 18:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Wednesday	18:00 - 19:00	All Star Tennis Green 3 (10yrs)	10 Years	Ind Crt 1	
Thursday	17:00 - 18:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 3	£
Thursday	17:00 - 19:00	All Stars Badminton (3-18yrs)	3-18 Years	Bad Crt 2	
Thursday	18:00 - 19:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 1	£
Friday	16:00 - 17:00	All Star Tennis Red 3 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Friday	17:00 - 18:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Saturday	09:00 - 10:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	£
Saturday	10:00 - 11:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	
Saturday	11:00 - 12:00	All Star Tennis Orange 3 (8-9yrs)	8-9 Years	Ind Crt 2	£
Saturday	11:00 - 12:00	All Star Tennis Red 2 (8yrs & Under)	8 Years & Under	Ind Crt 1	£

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£ Additional fee for this class
* Adult class coincides with children's activity
PP Pay Pro
PR Pay Reception
CL Class
CO Course

LIFE. Be fit for it
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DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	11:35 - 12:20	Mini Dance	3-4 Years	Kids Suite	
Monday	17:00 - 17:30	FIT JUKARI Fit to Flex	11+ years	Studio 2	
Monday	17:00 - 18:00	Family Welcome	All Levels	Kids Suite 2	
Monday	17:00 - 18:00	Multi Sports	5-7 Years	Bad Crt 4	
Monday	17:00 - 18:00	Supervised Gym	All Levels	Gym Desk	
Tuesday	09:30 - 10:15	Lets Create	3-4 Years	Kids Suite	
Tuesday	17:00 - 17:30	FIT Cycle	11+ years	Studio 2	
Tuesday	17:00 - 18:00	Make & Create	All Levels	Kids Suite 2	
Wednesday	11:35 - 12:20	Imagine...(3-4yrs)	3-4 Years	Kids Suite	
Wednesday	16:30 - 17:00	Mini Active	3-4 Years	Kids Suite	
Wednesday	17:00 - 18:00	Get Active	All Levels	Bad Crt 1, 2	
Wednesday	17:00 - 18:00	Supervised Gym	All Levels	Gym Desk	
Thursday	09:30 - 10:15	Mini Active	3-4 Years	Kids Suite	
Thursday	17:00 - 18:00	Multi Sports	5-7 Years	Bad Crt 4	
Thursday	17:30 - 18:31	DL Kids Karate	All Levels	Bad Crt 1 - Part A	
Thursday	18:30 - 19:31	DL Kids Karate	All Levels	Bad Crt 1 - Part B	
Friday	11:35 - 12:20	Mini Dance	3-4 Years	Kids Suite	
Friday	17:00 - 18:00	Supervised Gym	All Levels	Gym Desk	
Friday	17:00 - 19:00	DL Kids Club Night	All Levels	Kids Suite	
Saturday	09:30 - 10:15	Mini Active	3-4 Years	Kids Suite	
Saturday	09:30 - 10:30	Make & Create	All Levels	Kids Suite 2	
Saturday	09:30 - 10:30	Supervised Gym	All Levels	Gym Desk	
Saturday	10:30 - 11:15	Lets Create	3-4 Years	Kids Suite	
Saturday	10:30 - 11:30	Get Active	All Levels	Kids Suite 2	
Saturday	11:35 - 12:20	Lets Create	3-4 Years	Kids Suite	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

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CL Class
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