DAVID LLOYD LEISURE Birmingham - 0121 325 0700

ALL STARS PROGRAMME JANUARY - MARCH 2012

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:30 - 18:00	All Stars Tennis Red Performance Team	8 Years & Under	Ind Crt 1	
Monday	18:00 - 18:45	All Stars Tennis Red Performance Team	8 Years & Under	Ind Crt 2	
Wednesday	14:00 - 14:45	Tots	3-5 Years	Ind Crt 1	
Wednesday	17:00 - 18:00	All Stars Tennis Orange 2	8-9 Years	Ind Crt 1	
Wednesday	18:00 - 19:30	All Stars Tennis Orange Performance Team	8-9 Years	Ind Crt 2	
Wednesday	18:30 - 20:00	FIT Club Night (11-14)	11+ years	Ind Crt 1	
Friday	16:30 - 18:00	All Stars Tennis Red Performance Team	8 Years & Under	Ind Crt 2	
Friday	17:00 - 18:00	All Stars Tennis Red Development Squad 2	8 Years & Under	Ind Crt 1	
Friday	18:00 - 19:00	All Stars Tennis Orange 2	8-9 Years	Ind Crt 1	
Saturday	09:00 - 09:45	Tots	3-5 Years	Ind Crt 1	
Saturday	10:00 - 11:00	All Stars Tennis Red 2	8 Years & Under	Ind Crt 2	
Saturday	10:00 - 11:00	All Stars Tennis Red 3	8 Years & Under	Ind Crt 1	
Saturday	11:00 - 12:00	All Stars Tennis Green 3	10 Years	Ind Crt 2	
Saturday	11:15 - 12:00	Tots	3-5 Years	Ind Crt 1	
Saturday	11:15 - 12:00	Tots	3-5 Years	Ind Crt 1	
Saturday	12:00 - 13:00	All Stars Tennis Yellow 3	11-18 Years	Ind Crt 2	
Saturday	12:00 - 13:30	FIT Fast Track	11+ years	Ind Crt 1	
Sunday	10:00 - 11:00	All Stars Tennis Red 2	8 Years & Under	Ind Crt 6	
Sunday	11:00 - 12:00	All Stars Tennis Yellow Development Squad 1	11-18 Years	Ind Crt 6	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

LIFE. Be fit for it
DAVIDLLOYD.CO.UK

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DL KIDS PROGRAMME JANUARY - MARCH 2012

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	17:00 - 18:00	Get Active	5-7 Years	Bad Crt 1	
Monday	17:00 - 18:00	Get Active	8-11 Years	Bad Crt 4	
Monday	17:00 - 18:00	Mini Active	3-4 Years	Bad Crt 2	
Monday	18:00 - 19:00	FIT Boxing	11+ years		
Monday	18:00 - 19:00	Lets Create	All Levels		
Monday	18:00 - 19:00	Make & Create	All Levels	High 5 Rm	
Tuesday	17:00 - 18:00	Mini Active	3-4 Years	Bad Crt 1	
Tuesday	17:00 - 18:00	Multi Sports	5-7 Years	Bad Crt 2	
Tuesday	18:00 - 19:00	Aqua Splash	5-7 Years	Main Pool	
Tuesday	18:00 - 19:00	Mini Dance	3-4 Years	Studio 2	
Tuesday	18:00 - 19:00	Supervised Gym	All Levels	Gym	
Wednesday	09:30 - 10:30	Lets Create	3-4 Years	Club Rm	
Wednesday	17:00 - 18:00	Lets Create	3-4 Years	Meeting Rm	
Wednesday	17:00 - 18:00	Make & Create	All Levels	High 5 Rm	
Wednesday	18:00 - 19:00	Multi Sports	5-7 Years	Bad Crt 1	
Thursday	17:00 - 18:00	DL Kids Dance	5-7 Years	Bad Crt 4	
Thursday	17:00 - 18:00	DL Kids Street Dance	8-11 Years	Bad Crt 3	
Thursday	17:00 - 18:00	Mini Dance	3-4 Years	Bad Crt 1	
Thursday	18:00 - 19:00	FIT Circuits	11+ years	Sports H	
Thursday	18:00 - 19:00	Get Active	5-7 Years	Bad Crt 2	
Thursday	18:00 - 19:00	Get Active	8-11 Years	Bad Crt 4	
Thursday	18:00 - 19:00	Mini Active	3-4 Years	Bad Crt 1	
Friday	17:00 - 18:00	Mini Active	All Levels	Bad Crt 1	
Friday	17:00 - 18:00	Mini Active	3-4 Years	Bad Crt 2	
Friday	17:00 - 18:00	Multi Sports	5-7 Years	Bad Crt 3	
Friday	18:00 - 19:00	Aqua Splash	8-11 Years		
Friday	18:00 - 19:00	Mini Dance	3-4 Years	Bad Crt 1	
Friday	19:00 - 20:00	Make & Create	All Levels	Club Rm	
Saturday	10:00 - 11:00	DL Kids Football	5-7 Years	Bad Crt 2	
Saturday	10:00 - 11:00	DL Kids Football	8-11 Years	Bad Crt 4	
Saturday	10:00 - 11:00	DL Kids Football (3-4yrs)	3-4 Years	Bad Crt 1	
Saturday	11:00 - 12:00	DL Kids Dance	5-7 Years	Studio 3	
Saturday	11:00 - 12:00	Mini Dance	3-4 Years	Studio 2	
Sunday	10:00 - 11:00	Get Active	5-7 Years	Bad Crt 2	
Sunday	10:00 - 11:00	Get Active	8-11 Years	Bad Crt 4	
Sunday	10:00 - 11:00	Mini Active	3-4 Years	Bad Crt 1	
Sunday	11:00 - 12:00	Multi Sports	5-7 Years	Bad Crt 1	
Sunday	11:00 - 12:00	Supervised Gym	All Levels	Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

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* Adult class coincides with children's activity
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PR Pay Reception
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CO Course