DAVID LLOYD LEISURE Beckenham - 0208 662 6160

ALL STARS PROGRAMME JULY - AUGUST 2010

David Lloyd ALLSTARS
EXCLUSIVE JUNIOR COACHING PROGRAMME

RACQUETS

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	16:20 - 16:50	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 3	
Monday	16:50 - 17:35	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 3	
Tuesday	16:20 - 17:05	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 1	
Tuesday	16:20 - 17:05	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 1	
Tuesday	16:20 - 17:05	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 1	
Tuesday	16:20 - 17:05	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 2	
Tuesday	17:00 - 17:45	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 1	
Tuesday	17:05 - 17:50	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 1	
Thursday	13:30 - 14:15	Tots & Parents	3-4 Years	Bad Crt 1	
Thursday	17:30 - 18:30	All Stars Tennis Green 1	10 Years	Ind Crt 1	
Saturday	11:30 - 12:30	All Stars Tennis Green 2	10 Years	Out Crt 1	
Sunday	09:45 - 10:30	All Stars Tennis Red 3	8 Years & Under	Bad Crt 1-4	
Sunday	10:00 - 12:00	All Stars Squash (3-18yrs)	3-18 Years	Sq Crt 4	
Sunday	10:30 - 11:30	All Stars Tennis Red 2	8 Years & Under	Bad Crt 1-4	
Sunday	11:30 - 12:30	All Stars Tennis Orange 1	8-9 Years	Ind Crt 1, 2	

ALLSTARS TENNIS COACHING PROGRAMME

Our LTA endorsed All Stars Tennis Programme is a high quality, progressive tennis skill, development, fun, fitness and social interaction for children aged 3 - 17 years.

PLEASE NOTE: This course runs in term time only and an additional fee applies.

KEY

£	Additional fee for this class
*	Adult class coincides with children's activity
PP	Pay Pro
PR	Pay Reception
CL	Class
CO	Course

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DL KIDS PROGRAMME JULY - AUGUST 2010

DL Kids

DAY	TIME	ACTIVITY	AGE / LEVEL	LOCATION	KEY
Monday	18:00 - 19:00	Start Up	All Levels	Gym	
Tuesday	10:00 - 10:30	Mini Active	3-4 Years	Sq Crt 2	
Tuesday	10:30 - 11:00	Imagine...(3-4yrs)	3-4 Years	Sq Crt 2	
Wednesday	10:00 - 10:30	Mini Active	3-4 Years	Sq Crt 2	
Wednesday	10:30 - 11:00	Imagine...(3-4yrs)	3-4 Years	Sq Crt 2	
Wednesday	18:00 - 19:00	Start Up	All Levels	Gym	
Thursday	16:30 - 17:30	Supervised Gym	All Levels	Gym	
Friday	08:30 - 12:30	Club Creche	Under 3 Years	Sq Crt 3	
Friday	09:00 - 09:30	Mini Dance	3-4 Years	Wellness Studio	
Friday	17:00 - 17:45	Kids Splash	All Levels	Main Pool	
Friday	18:00 - 19:00	Start Up	All Levels	Gym	
Saturday	10:00 - 11:00	Lets Create	3-4 Years	Location 1	
Saturday	10:00 - 11:00	Make & Create	5-7 Years	Location 2	
Saturday	11:00 - 12:00	Get Active	5-7 Years	Sq Crt 2	
Saturday	11:00 - 12:00	Mini Active	3-4 Years	Sq Crt 2	
Saturday	12:00 - 13:00	Supervised Gym	All Levels	Gym	
Saturday	12:30 - 13:30	Family Welcome	All Levels	Meeting Rm	
Sunday	10:00 - 11:00	Lets Create	3-4 Years	Location 1	
Sunday	10:00 - 11:00	Make & Create	5-7 Years	Location 2	
Sunday	11:00 - 12:00	Get Active	5-7 Years	Sq Crt 2	
Sunday	11:00 - 12:00	Mini Active	3-4 Years	Sq Crt 2	
Sunday	13:00 - 14:00	Supervised Gym	All Levels	Gym	

DL KIDS ACTIVITY CATEGORIES

Club Coaching (Coaching)
Club Crèche (Crèche)
Club Play (Play)
Club Active (Active)
Club Fitness (Fitness)
Club Water Activities (Water)
Other Kids Activities & Parties (Misc)

For more information on any club activities, including birthday parties and holiday activities, please speak to reception or the DL Kids team. Activities may vary by club.

KEY

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PR Pay Reception
CL Class
CO Course

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