

Sides

Seasonal vegetables – corn on the cob, green beans and broccoli	£0.95
Seasonal salad – lettuce, cherry tomatoes, red pepper and cucumber slices	£0.95
Tortilla bread pieces	£0.75
Fries	£1.00

Dessert

Brownie and fruit	£1.75
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Chocolate brownie with Greek style yoghurt, served with slices of fresh melon and pineapple, grapes and blackcurrant compote.

Grab a bite to go, with a full range of healthy meals and snacks available from the counter – from half-sandwiches to yoghurt and fruit pots. We also have a selection of baby food available, please just ask.

Please ask at the bar for our full range of drinks.

Eating five pieces of fruit and vegetables everyday keeps you healthy.

Can you name all the fruits on our menu?

Super foods like broccoli, tomato and salmon make you feel great!
Can you count all the dishes with super foods on our menu?

All nutritional information is based upon a typical serving. Customers concerned about the presence of nuts, seeds and other allergens in our food are welcome to ask a team member for assistance when choosing food from our menu. When preparing our food we never knowingly use genetically modified foods. Menu descriptions do not list every ingredient. For vegetarian options please ask your server.

*Approximate uncooked weight.

Answers: The fruits on our menu are: strawberry, banana, apple, pear, cherries, lemon, orange and grapes. There are 12 dishes with a super food on our menu.



KIDS

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Cafebar

Inspired by you...

We listened to your feedback, and you told us you wanted a healthy children's menu. So with the help of food experts, we have created a wide-ranging selection of delicious, nutritionally balanced dishes.

You'll find their favourites prepared and cooked to preserve the natural goodness, tasty without being too salty or sugary and grilled rather than fried. Wherever possible our food is free from any artificial colouring, additives and preservatives.

The children's menu at DL Caf bar – inspired by parents, loved by children.

Snacks

Something on toast

£2.50

Choose scrambled eggs or baked beans.

Ham and cheese toastie

£2.95

Wholemeal toasted sandwich topped with melted Cheddar cheese. Served with a garnish of red peppers, broccoli and green beans.

Houmous and crunchy veg

£1.95

Perfect for dipping carrot, cucumber and celery, garnished with red pepper. Served with slices of French bread.

Soup of the day


£1.75

Ask about our soup of the day. Served with slices of French bread.

Cheese and beans baked potato

£3.49

Half a baked potato, filled with baked beans and grated Cheddar cheese. Served with a garnish of red peppers, broccoli and green beans.

Key:  May contain bones.

Our baked beans are reduced salt and sugar, all our eggs are free-range and our chicken strips are 100% chicken breast.

Menu suitable for children up to 10 years old.

Classic favourites

Cottage pie

Minced beef and vegetables topped with buttery mashed potato. Served with corn on the cob, green beans and broccoli.

£3.95

Omelette

Made with two fillings of your choice: Cheddar cheese, bacon or tomato. Served with corn on the cob, green beans and broccoli.

£3.95

Sausage and mash

A grilled Cumberland pork or vegetarian sausage with buttery mashed potato and gravy. Served with corn on the cob, green beans and broccoli.

£3.95

Grilled chicken strips

Served with one of the following:

- **Teriyaki noodles with green beans, sugar snap peas and carrot ribbons**
- **Pasta in tomato sauce topped with grated Cheddar cheese**
- **Mildly spiced sweet potato curry with steamed rice and tortilla pieces**

£4.20

£4.20

£4.20

Grilled salmon pieces

Served with one of the following:

- **Teriyaki noodles with green beans, sugar snap peas and carrot ribbons**
- **Pasta in tomato sauce topped with grated Cheddar cheese**

£4.20

£4.20

DL Cafébar burger

Our burgers are served in a warm bun, topped with crunchy lettuce and sliced tomato. Served with carrot, cucumber, red pepper batons and a tomato sauce garnish.

- **Grilled prime British beef burger (4oz*)**
- **Half a grilled chicken breast**

£2.95

£2.95

Simply chicken

Half a grilled, sliced chicken breast served with fries, corn on the cob, green beans and broccoli.

£4.20

Simply sweet potato curry

Mildly spiced sweet potato curry served with steamed rice and tortilla pieces.

£3.49

Simply pasta

Pasta in tomato sauce topped with grated Cheddar cheese.

£3.49

Simply noodles

Teriyaki noodles served with green beans, sugar snap peas and carrot ribbons.

£3.49

Your food, your way - if you'd prefer your noodles or pasta without sauce please just ask.